



Cruden Bay Day Centre

For More Information Contact

**Day Care Organisers
Cruden Bay
1 Aulton Lane
Cruden Bay
AB42 0QW**

01779 812860



About Cruden Bay

At Cruden Bay, we offer a range of social, recreational and educational opportunities to enable older adults and people with dementia, to remain involved with, and continue to live within their community.

Cruden Bay is situated a few miles south of Peterhead, within close proximity to various local facilities and shops. We provide day care for 10 clients, 2 days per week, offering transport if required. The day centre is open on Monday and Friday from 9.30 am until 3.30 pm each day. We are closed on Public Holidays.

The centre is run by Day Care Organisers who are supported by a team of volunteers.

What We Provide

Transport is supplied by a local firm, who provide daycare with a minibus fully equipped with a tail lift for people who are unable to manage steps. Prior to attending the day centre, staff will determine your required level of support and assistance to access the bus and ensure your safety at all times. The bus will usually collect you and bring you to the day centre at around 9.30am. You may if you wish, arrange your own transport with family or friends.



When you arrive at the day centre, you will be welcomed by staff, and offered a light breakfast. During the morning, service users can spend time with each other participating in a variety of activities of their choosing.

During the afternoons, a varied programme of pre-planned activities such as carpet bowls, skittles, card making, bingo and reminiscence are on offer. Staff will support individual

service users to meet the aims of their support plan as well as facilitating regular reviews to ensure that the plan continues to be relevant.

On occasions, weather permitting, bus outings feature regularly in the programme of activities. Visits between Day Centres frequently occur and service users enjoy the opportunity to socialise outwith their normal circle of fellow members. Service Users may also arrange with staff to visit the local shops nearby and where possible, staff will accommodate such requests.



Service Users enjoy varied and nutritious meals which are supplied by Port Erroll School. There is a choice of menu and service users are asked their preferences on a daily basis. Special dietary requirements are catered for and regular refreshments are available.



Regular members meetings are held every two months and service users are encouraged to make their views known about the quality of service they receive at Cruden Bay and the choices they are offered.

During adverse weather conditions, there may be occasions when the day centre is unable to open. Staff will endeavour to give as much advance warning as possible when this is likely to occur and will, where there is a need for support from the Home Care service, inform the relevant Home Care Supervisor.