



# Dawson Court Day Care Service

**For More Information Contact**

**Day Care Organisers  
Aberdeenshire Council  
Dawson Court  
Victoria Terrace  
Turriff  
AB53 4FP**

**Phone: 01888 568925**



## About Dawson Court Day Care

The Day Care resource is part of the very sheltered housing complex and is situated on Victoria Terrace, Turriff.

Aberdeenshire Council Housing and Social Work service operate the Day Centre and all staff are employed by the Council. Volunteers have disclosure checks and references taken up before they can help at Day Care.

The Day Service can support up to 20 service users Monday to Friday and up to 10 on Saturdays and Sundays. Sessions are from 9.30am to 3.30pm daily, finishing at 1.30pm for a half day.

## What We Provide

People attending Dawson Court can enjoy a nutritious and tasty meal cooked on the premises. There is a choice of menu and any special dietary requirements are catered for. Meals are paid for at the time received. Current charges for meals are displayed in the dining area.

Dawson Court offers a specialist service for people with memory impairments organised by staff from Alzheimer's Scotland on a Wednesday and Friday morning..

At Dawson Court it is our belief that our service users should be supported to make informed choices regarding the level of care they receive. The views and beliefs of the service user, his/her family, carers and significant others will be key factors in deciding the appropriate care plan.

We believe every individual has the right to expect staff to encourage him/her to meet their agreed aims in the support plan and that the individual is supported with the minimum intervention from staff. To ensure the support plan continues to be relevant it will be reviewed regularly. We believe that each person has the right to have his/her beliefs, religious, cultural or ethnic, to be respected and accepted in a non-discriminatory manner.

Staff will strive to ensure the provision of the support package is free from discrimination whether because of age, gender, disability, sexuality or race.

## What Will I do at Dawson Court ?

A varied range of activities to suit the needs and abilities of older people are on offer. Fitter and more active service users meet side by side with people who are less able, but there are activities to suit all abilities. You can choose the activities you would like to take part in, with support from our staff if you need it.

### Activities include:-

- Exercise to Music
- Computer Sessions
- Arts and Crafts
- Reminiscence/ discussions
- Choir
- Outings, Parties and Special Celebrations (May incur extra charge)



## How Would I Get There ?

- You can be picked up by a minibus, which has a tail lift for people who use walking aids or are unable to manage steps.
- If you prefer, you can arrange your own transport with family or friends.
- At times of bad weather, in the interest of Health and Safety, Day Care transport to Dawson Court will be withdrawn – you would get a phone call on the morning to advise you of this.

## Will I have any say in how things are run ?

Yes! Day care is for you and we are always interested to hear your ideas about how the sessions should be run.

We are keen to hear any suggestions you might have for new activities or outings.

Regular meetings are held so that people who attend Day Care can be involved in decision making. You will always be able to make choices whilst at Day Care and will be treated with dignity and respect at all times.