



**Aberdeenshire**  
COUNCIL



In Association with  
**ABERDEENSHIRE CHILDCARE PARTNERSHIP**

## **What is CPD (Continuing Professional Development) Activity?**

CPD is anything, which has extended an individual's professionalism, enhanced existing knowledge and skills and facilitated development of new skills and qualities. Consequently it is inappropriate to equate CPD entirely with attendance at formal classes and courses.

The following are **examples** of the types of activities that can be described as CPD:

- Activity leading to a recognised qualification or module (i.e. SVQ in Early Years, Playwork, Special Needs Module)
- Management and Leadership development
- Self-evaluation and personal reflection, including preparation for appraisal meetings
- Subject-based activities including meetings of professional bodies and associations, working groups.
- Attendance at workshops/short courses
- Professional reading and research
- Visiting other settings to observe good practice/hosting colleagues from other settings for the same purpose
- Mentoring/supporting other colleagues
- Curriculum planning/development
- Enhancing curricular knowledge and understanding
- Involvement in quality assurance
- Working with parents, carers and staff from other disciplines