



Environmental Health

Training Courses
In
Food Hygiene

ELEMENTARY FOOD HYGIENE

Do you work with food?

Do you help out at school/scouts/brownies?

Do you want to know more about Food Safety?

Then read on as Aberdeenshire Council Environmental Health Service has the training course YOU have been looking for.....

Ask yourself these questions?

Do you handle food as part of your job and want to be more confident that what you do is safe?

Do you help out at coffee mornings / sales tables and want to know more about food safety?

Does food hygiene legislation confuse you and you want help to see the light at the end of the tunnel?

Do you want to hold a National recognized Food Safety Qualification?

Is your answer YES?

Whatever area of food you are involved in from farm to fork and everything in between the REHIS Elementary Food Hygiene Certificate run by Aberdeenshire Council Environmental Health Service is the one for you.

REHIS Elementary Food Hygiene

6 hours course

Can be done in one day or over two evenings,
depending on demand

30 minutes multiple choice exam

Includes all course notes and handouts

Examination Fee included in the price

Formal Certificate

Refreshments throughout the day

Courses held throughout Aberdeenshire, or if sufficient numbers held in your business premises

REHIS – Royal Environmental Health Institute of Scotland

Course Content

An Introduction to Food Hygiene
Including section on HACCP

Bacteria and Their Characteristics
Including sources and control measures



The Incidence of Food Poisoning and its Prevention
Including details of commonly found bacteria and how to control them

Personal Hygiene
It's more than just hand washing!!

The Working Environment
Including construction of equipment

Cleaning & Disinfection
Including cleaning definitions

Common Pest and Their Control
What to look for and how to keep them out

Legislation
Overview of current Food Safety Law



There are plenty opportunities for asking questions and discussing *real life scenarios* throughout all stages of the course

