

# Environmental Health



## Training Courses In Food Hygiene

*Do you work with food?*

*Do you help out at school/scouts/brownies?*

*Do you want to know more about Food Safety?*

Then read on as Aberdeenshire Council  
Environmental Health Service has the training  
course YOU have been looking for.....

**Food Hygiene Legislation requires “*The proprietor of a food business to ensure that food handlers engaged in the food business are supervised and instructed and / or trained in food hygiene matters commensurate with their work activities*”**

**It is up to each business proprietor to decide the level of training each member of staff will require but to assist in legislative compliance Aberdeenshire Council Environmental Health Service can offer the following training packages:**

**Food Safety in Practice  
(refresher course for Elementary Food Hygiene)  
REHIS Elementary Food Hygiene & REHIS Intermediate Food Hygiene  
(see separate links)**

## Food Safety in Practice (3hours / ½ day)

Ideal for those handling only low risk foods, as a refresher for those already trained in Elementary Food Hygiene or if you just want to learn more about basic food safety.

The course includes discussions, DVD's and lots of opportunity to ask questions and share information.

The course will cover:

**Bacteria – the potential to cause illness**  
**Preventing Food Poisoning**  
**Personal Health & Hygiene**  
**Cross Contamination – causes and prevention**  
**Food Storage – protection and temperature control**  
**Waste Disposal**  
**Cleaning & Disinfection**  
**Pest Control – awareness**  
**Food Safety Management Systems (HACCP)**  
**Safe Working Practices**



Courses are held throughout Aberdeenshire as demand dictates. If there is sufficient numbers the course can be held in the business premises.

There will be a short multiple choice question paper at the end of the course.  
An attendance certificate will be issued to each candidate

Costs of the course will include:  
3 hours tuition  
Course notes & handouts  
Attendance Certificate  
Refreshments during the course

