

Health and Social Care Partnership



Aberdeenshire Strategic Plan 2015

This plan tells you about:	Page:
1.What the plan is about	3
2.What are we going to do?	
3.What is health care?	5
4.What is social care?	
5.Why do we need to change?	6
6.We want you to	8
7.We want to	9

What is the Strategic Plan?



This is for the people in Aberdeenshire and will be used to plan the way we work.

What we are going to do?



Health and Social Care will work together to give you the best health and help you feel good.



Your care and treatment will be planned round your needs.



Your care and treatment will be provided nearer to your home and in your local communities.



We will have the right health and social care staff with the right skills in the right place at the right time.



We will make sure you do not have to go into hospital unless you need to.

What is Health Care?



- GP surgeries
- Hospitals
- Learning Disability Services
- Mental Health Services

What is Social Care?



- Care Managers
- Care in your home
- Day Care Services

Why do we need to change the way we work?



We want you to have better health, support and services.



People are living longer now.

This means more people will need support.

There are more people with long term conditions such as dementia, heart disease, diabetes and mental health.



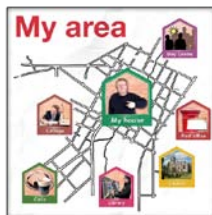
The law says we have to work this way.

We want to:



Help you to keep well and feel good.

Look after your health, feel better and live in good health for longer.



Help you to live in your home or in your community for as long as you are able to.

Choose and have your say in your health and support.



Work with you to help you have better health and feel good.



Give everyone the same opportunities to look after their own health and enjoy their lives.

Some people do not get the same benefits from health and social care services as other people do.



Help unpaid carers to look after their own health and feel good.



Keep you Safe from Harm.

How will we do this?



NHS, Social Care, Private Care and Voluntary Services will all work together.



We will make our services and information more accessible.



We will give people more choice and have a say about the health and social care services.



We will help people who live at home, and their carers to make the best use of local services and be part of their community.



We will use our money and our resources the best way we can.



We will help you to go back home as soon as you can when you have been in hospital.

Working together will:



Help us to communicate better with each other.

