

## Aberdeenshire Council Outdoor Activity Generic Risk Assessments

### 6. Orienteering

**Risk to:** Instructors/Group members

Hazard	Risk	Control measures
1. Ground conditions.	Slips. Falls. Lost group/group members. Remoteness.	Instructors/leaders will be trained to NGB or Aberdeenshire Council standards in group management and instructional techniques appropriate to the level of the activity. Instructors/leaders will choose a suitable venue taking account of the nature of the activity, the ability level of the group, weather conditions and the equipment available. Group members will be briefed on hazards specific to the area being used and will be instructed in the skills and techniques needed to avoid them/deal with them. The instructor/leader and the group will carry safety equipment appropriate for the specific activity and venue.
2. Equipment/clothing.	Unsuitability. Failure. Damage.	All equipment will meet current specifications and/or accepted standards where applicable and will be suitable for its intended use. Equipment will be regularly maintained and serviced. Instructors/leader will visually check equipment at time of issue. If group members are using their own equipment the Instructor will ensure it is suitable for the expected conditions and nature of the activity. Instructors/leaders will make a final check of equipment prior to the activity starting, ensuring that all group members are adequately clothed and equipped.
3. Weather.	Possible increase in risk. Cold and heat injury/trauma. Rapid changes. Changes to ground conditions.	Instructors/leaders will obtain information on weather and other relevant factors and make an assessment of conditions prior to any activity taking place. Instructors/leaders will modify or curtail the activity if prevailing conditions are inappropriate for the group or the planned activity. Instructors/leaders will ensure that each member of the group is appropriately clothed, carries sufficient food and that additional food, clothing and equipment is available to suit the expected conditions and nature of the activity. Instructors/leaders will be First Aid trained to the level required by the NGB for the activity or Aberdeenshire Council.
4. Getting lost	Delayed return Hypothermia	Instructors/leaders will brief participants on operational area, due back time and emergency procedures. Participants will usually be in pairs for experiential sessions or will have received adequate prior training to enable them to operate safely alone. Participants will carry whistles for signalling in emergencies.

**Aberdeenshire Council**  
**Outdoor Activity Site/Route Specific Risk Assessments**

**Activity:**

**Risk to:**

Hazard	Risk	Control measures

Continue on separate sheet if required.