

Going Shopping

Before you go to the shops, sit together and write a list of all the things that you need. Perhaps your child could write a list as well on a separate piece of paper!

Before you go into the shop, point out to your child all the different signs around you and what they tell you: the name of the shop, where to park, where the entrance and exit are, where to buy petrol etc.

As you walk through the supermarket, point out the signs above the aisles and the words on different packets and tins. Recognising the logo on a can of baked beans is a step towards recognising letters of the alphabet.

As you put things in your trolley, ask your child to tick or cross out the matching items on the list.

Ask your children to spot things beginning with a particular letter e.g. 's' for soup, spaghetti or soap. This should help them to start making links between sounds and letters.

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