

Keeping in Touch

Every week, you will get lots of different kinds of reading through your letterbox: postcards, letters and cards, bills, catalogues and advertisements. Show your children a variety of them, pointing out different features like the name and address of you and the sender.

When you have to write a birthday card, sit together with your children and explain what you are writing. Get them to 'sign' their name at the bottom.

Next time you use the telephone directory or the Yellow Pages, show it to your children and explain to them how to look things up, by using the alphabet and the different categories. Show them the name of the company or person and the phone number next to it.

If they want to remind you to do something or get something for them, write a note together which they can then stick on the fridge as a memo.

After Christmas or their birthday, encourage them to sit with you and together write thank you notes for the presents they have received

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