

MARCH 2011

ACTIVE SCHOOLS AT INSCH SCHOOL!

A taste of some of the work done by Active Schools at Insch School. Huge thanks to staff/parents/volunteers for all their hard work and support so far this year!



Cheerleading

Term 2 saw Active Schools secure funding from the Big Lottery's 2014 communities fund in order to start a new after school cheerleading club at the school. This funding allowed 2 teachers from the school, Miss Stewart and Mrs May to complete their basic cheer skills award delivered by the UK cheerleading association. Completion of this one day course allows its participants to deliver cheerleading at a basic level to schools or community clubs either as a basic coach or assistant coach. Following on from the training course, new pom poms and a new stereo system was ordered in order to get the club up and

running! As a result of all this initial hard work the Insch after school cheerleading club has now been running on a Wednesday since Term 2 for primary 4 and 5. Hopefully the girls will get the chance to show the rest of the school some of the skills they have learned sometime before the Easter holidays! Big thanks to both teachers involved in what has proven to be a hugely successful project.

Young Leaders



23 pupils from P7 have successfully completed their Sports Leaders UK Young Leader Award. All the pupils undertook 6 weeks of training and an assessment by Active Schools coordinator Mark Borzoni and learned the skills needed to be able to deliver playground games to younger members of the school. As a result the Young Leaders – on a rotational basis - now deliver around 30 minutes of playground fun to children in P1 – 3 on a Friday lunchtime. The Young Leader programme is delivered every year at the school with all P7 pupils given the opportunity to take part. For more information visit www.sportsleaders.org



Stay and Play

P1 -3 pupils have been staying late after school on a Tuesday after joining the schools new Stay and Play club. The club – which is run by P2 teacher Miss Bullock and P5 teacher Miss Rafferty – aims to get its participants more physically active by introducing them to new fun and exciting playground games. A mix of 20 boys and girls from P1 – 3 attend every week and I'm told that judging by the noise coming from the hall every Tuesday it's safe to say that they are enjoying themselves! Thanks to both teachers involved!

After school hockey

Pupils in P5, 6 & 7 have been enjoying after school hockey sessions on a Thursday on the Bennachie Leisure centres at turf. These sessions, led by P7 teacher Mrs Inglis have been consistently well attended since the beginning of the school year and the club continues to go from strength to strength. It is hoped to reward the pupils for all their hard work by organising a couple of friendly games against teams from neighbouring areas. P7 pupils will also have the opportunity come August to join the Gordon schools after school hockey club which will help continue to develop the skills learned during these after school sessions! Big thanks to Mrs Inglis!

Ballroom dancing

Pupils in P6 have recently been enjoying 6 weeks of expert ballroom dance instruction courtesy of Dance NE Scotland's David Robinson. These sessions will culminate in a ballroom dance

competition at the Stewarts hall in Huntly. All participants also have the opportunity to join the cluster after school dance club at Gordon Primary on Fridays from 4 – 5pm.



To learn more about Active Schools or to get in touch with myself please visit our website at www.aberdeenshire.gov.uk/activeschools