

**Welcome from the Aberdeenshire  
Active Schools Manager**

It's an exciting time for Active Schools with the confirmation of another 4 years of financial commitment from the Scottish Government via sportsScotland. We can now build on the success of Active Schools by ensuring the children of Aberdeenshire have access to a wide range of sporting and physical activity opportunities that will benefit their Health and Well Being.

With the Olympic Games, Commonwealth Games and Ryder Cup all planned over the next 4 years in our country there has never been a better opportunity to inspire our young children to take up Sport and create the culture of a sporting community in Aberdeenshire. The first high profile opportunity arising is for your school to be part of the Bank of Scotland School Sport week! Don't miss out as there are a range of resources and benefits to being registered so if you are not part of it now log on to:

**www.schoolsportweekscotland.org.** and also read about one event that is planned within Aberdeenshire that one of our very own local Olympic hopefuls will be attending.

**Get Active, Stay Active and  
Enjoy Life!**

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**School Sports Week is  
Coming**



**fun**



Bank of Scotland National School Sport Week is a week-long sporting celebration for primary and secondary schools and takes place from 6 -10 June 2011.

Registered schools are offered support to generate interest and sporting activities for pupils of all ages across a whole week. It not only helps fulfil school objectives for sport and physical activity, but can be used across the curriculum to create excitement around the London 2012 Olympic and Paralympic Games and help pupils live the values of the Games.

In Banff they are holding a fun run during this week which incorporates all the schools, with sponsorship from local businesses who supply donations for the actual event. The setting up of the Fun Run incorporates training for the Community Sports Leaders for event management. The fun run involves all age groups from P1 – P7 and parents / carers and leaders also run the

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course. This years should have approximately 140 runners.



M e a r n s Academy are running a health and wellbeing multi sports tournament. Healthy breakfasts have already been organised in the school and nutritional pamphlets handed out to all pupils.

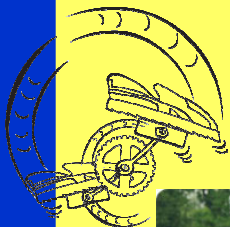
Volunteers, senior pupil volunteers trained by Active Schools Co-ordinators and local clubs are to be brought in to school to do activity sessions for the school including Rugby, Archery, Football, Volleyball, Badminton, Dance, Yoga. Mearns Academy have been chosen to receive high profiling from sportscotland and Bank of Scotland for their Activity Day including:

- **An Olympic or Paralympics Athlete present on the day.**
- **Media coverage – the 3 main events will get National coverage with national press and TV invited**

Crombie primary are holding a French themed Sports Festival to promote French speaking in a sporting environment. Visiting PE and Foreign Languages specialists have put together an exciting programme to include:



- Le croquet
- Les boules
- Le cyclisme



Visit:

[www.schoolsportweekscotland.org](http://www.schoolsportweekscotland.org)  
for more information and to register

## Good News Stories

- Aboyne & Alford Academies Active Schools co-ordinator has successfully applied for £8000 from 'BP school link'.
- Nicola Buchan won the Soccer One Coach of the Year Award. Nicola is a Sports Leader at Fraserburgh Academy and a Youth Sports Trust Young Ambassador. She is one of only two winners from across Scotland.
- Aberdeenshire Active Schools Co-ordinators are working hard on the 'Fit for Girls' initiative with already 16 academy projects approved by sportscotland and over £11,000 allocated to develop an environment to encourage girls to become more physically active.



active

## Grampian Leaders



The Grampian Leaders project is a key priority for Active Schools. The 2011/12 Aberdeenshire programme launches on **Thursday 16th June @ 19:30, Inverurie Town Hall**. The launch evening will include:

- Presentations from last years Grampian Leaders
- Speakers from sportscotland
- Guest athletes.

New recruits will have the opportunity to explore the programme and collect application packs. Building on the success of last year programme we hope to recruit another group of exceptional young people from across the whole of Aberdeenshire.

Senior pupils who volunteer time & effort to sport, and/or show potential will be rewarded with opportunities by Active Schools and Focus Sports, to develop and broaden their horizons.