

ACTIVE SCHOOLS

Inverurie Network

August 2011

I hope you all had a lovely Summer holiday and you are looking forward to this school year. This newsletter lets you know about all the exciting things Active Schools got up to during the holidays and will let you know about what will be happening this coming term.

Summer Holiday Programme



Kayaking at Monymusk

The summer holidays were full of adventure! Active Schools central team organised a number of outdoor activities throughout the holidays which included canoeing, mountain biking, hill walking, orienteering, forest fun, surfing and more. Lots of children attended from across Aberdeenshire and a fun time was had by all. The Kayaking took place at Monymusk, the children had a great time and gained lots of confidence on the water. Coasteering was another fantastic activity which took place at Cove cliffs, the children were all willing to get wet and jumped off rocks into deep water pools.

Raft Building took place at Knockburn Loch this was a great learning experience for the children. They had to work together in a team to build a raft, they then had to put them to the test and attempt to paddle across the loch unfortunately the rafts fell apart and all the children ended up in the water! Overall it was a great programme, be sure to look out for more activities like this during the next school holidays.



Coasteering at Cove



Raft Building at Knockburn Loch



Inverurie Day of Dance

Day of Dance

Another programme that was offered to all pupils within the network was the Day of Dance Programme. The Inverurie Academy S4 Dance Leaders invited P3-7 pupils to join them for 2 days of dance. There was a good turn out on both days and the children experienced a taster of hip hop, jazz and pop dancing.

Volunteers required!

Active Schools have a number of programmes your school would be keen in getting involved with, however they cannot roll these programmes out without support from volunteers. If you have a particular sport interest or have some spare time on your hands then your help would be greatly appreciated. Active Schools will support you and provide you with training where you will gain new skills and qualifications. We are not looking for hours of commitment just a small amount of time could be enough. If you would be interested in helping to deliver Active Schools activities or to see the training opportunities that are available please contact me.

Festivals

The central Active Schools team have set up a series of Festivals for children in your school to take part in. There will be Hockey, basketball and netball Festivals taking place across different locations within central Aberdeenshire. They have been very popular in the past and we are hoping that this year it will be just as good if not better! It would be great to get a team entered from your school and give children an opportunity to participate in an organised festival and to meet children from other schools. If you are interested in helping your school start a hockey, basketball or netball after school club then please get in touch!

Young Leaders

The new P7 pupils who successfully passed their Young Leaders training last term will be leading fun activity lunch time clubs in your school soon! P1-3 pupils look out and be sure to attend the sessions after your lunch. The P7 pupils were working very hard before the summer holidays and learned lots of new activities and games just for you!



Learn to Swim

The pupils in Primary 4 will be invited to take part in the Learn to Swim programme which will be taking place at Inverurie Swimming Pool. In order for schools to take part in this they may require additional help from volunteers.

Email Distribution List

Active Schools regularly circulates information via email, if you would like to be added to my contact list then please send me an email with your details.

If you would like to help out with any programme or start an after school club in your school please get in touch –

Louise Watt

Active Schools Coordinator – Inverurie Network (Primary),

Call/Text – 07876475298 or email - louise.watt@aberdeenshire.gov.uk