

Active Schools Banchory Newsletter

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Issue 3

September 2009

WELCOME BACK


... I hope you all had a nice summer break. This newsletter aims to update you on Active Schools activities across Banchory.

October Holiday Activities 2009

MULTI-SPORTS AND GAMES


Tuesday October 20th
Thursday October 22nd
2.30pm – 4.30pm, Cost = £3 per session
OPEN TO CHILDREN OF PRIMARY SCHOOL AGE P1-7
@ BANCHORY SPORTS CENTRE

HIP-HOP


Wednesday October 21st
2.30pm – 4.30pm, Cost = £3
Parents are invited to return at 4.00pm to see what the dancers have learnt!
OPEN TO CHILDREN OF PRIMARY SCHOOL AGE P1-7
@ BANCHORY SPORTS CENTRE

FOR MORE INFORMATION AND TO BOOK ...

1. Website (www.aberdeenshire.gov.uk/activeschools). Go to 'Active Schools in your area', then 'Banchory'
2. Email – kate.robertson@aberdeenshire.gov.uk
3. Ask at your child's school office

VOLUNTEER OPPORTUNITIES

Volunteers are needed to help with Active Schools activities. Full support and training is provided. I am interested in hearing from potential volunteers for any activity, but in particular...

- After-school **Running for fun** at HOB and BPS. Thursdays, 2.35-3.20pm (6 week block)
- Lunchtime **Skipping** clubs in all schools, time & day to suit volunteer and school (6 week block)
- After-school **Netball** club at BPS, Mondays, 3.20-4.20pm (6 week block)
- After-school **Athletics**, time, date and location to suit volunteer (6 week block)
- Lunchtime or after-school **Cricket** at Banchory Academy, time & day to suit volunteer (6 wk block)



LOCAL CLUBS...

Do you want to boost your junior section?

Get in touch to discuss potential partnership working,

EXTRA-CURRICULAR ACTIVITY CLUBS

I am in the process of organising the next block of extra-curricular activity clubs for Term 2. These will be advertised and run in a similar way to the ones that ran last session in Term 4. Clubs I hope to be able to offer are:

Hip Hop
Yoga
Jazzercise
Multi-sports
Running for Fun
Lunchtime skipping
Athletics
Volleyball
Table Tennis
Basketball
Stay and Play
Netball
Rugby

These clubs can be led by paid coaches (in which case there will be a charge to attend) or by volunteer helpers – if you are interested in volunteering please get in touch. See the **VOLUNTEER OPPORTUNITIES** section for more information.

HIP HOP DANCING

When: Saturday, 10.30 – 11.30am

Where: Banchory Primary School

With: M C Dance

ALL WELCOME: Aged 8-18

NO NEED TO BOOK: JUST TURN UP!

Check website for details of dates.

(NOTE: SAT 26th SEP – CANCELLED)



ARE YOU A FOOTBALL REFEREE?

The Banchory Academy football teams require football referees on an ad-hoc basis to referee home matches. If you are able to help or know anyone who might be please get in touch with me. Training could be provided for interested non-qualified volunteers.



BANCHORY ACADEMY

As from the 1st May 2009 I will be supporting Banchory Academy one day a week to implement the Active Schools Programme. This should not impact Active Schools provision in the primary schools.

More Children,
More Active,
More Often!

Contact Me!

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www.aberdeenshire.gov.uk/activeschools