

McINTOSH PLANT HIRE PRIMARY SCHOOLS CROSS COUNTRY SERIES 2011 / 2012

Entries

Entry fee £2.50 per child per event (which we have held again for another year). **This will not be asked for until the day of the race in case of event cancellation and must be paid by cheque as we will not have any facilities for issuing change on the day, receipts will be posted to all schools the following day.**

Schools must return the pre-entry forms to Aberdeenshire Council, Education, Learning & Leisure, Sports Development, Gordon House, Blackhall Road, Inverurie AB51 3WA by the specified date on the entry form. Entries received after this date may not be accepted. Entries can also be faxed to 01467 628256 or emailed to sports.events@aberdeenshire.gov.uk. **NO changes to competitor entries can be made after the closing date.**

Registration

Registration will be from 12noon until 12.45pm. The first race, P5 boys will start promptly at 1.00pm.

Race Details

P5 boys & P5 girls will run 1 lap – 800m-1000m (depending on venue)

P6 & P7 boys and girls will run 2 laps – 1600m-2000m (depending on venue)

The event will start at 1.00pm and the order is as follows –

Race 1 – P5 Boys. Race 2 – P5 Girls. Race 3 – P6 Boys. Race 4 – P6 Girls.

Race 5 – P7 Boys. Race 6 – P7 Girls.

Health & Safety

If in the opinion of the organisers there are too many competitors in any one race, the organisers reserve the right to split the numbers and run as two separate races.

It is important that pupils are supervised at all times either by the school teachers present or by the nominated persons accompanying the pupils and remain in the holding area at all times other than when their own race is being run.

First Aid

Qualified first aiders will be present at all events. If any competitor is on medication i.e. inhalers for asthma, please ensure they are carried at all times.

Refreshments

All competitors will receive a bottle of water when they finish their race.

Prize Giving

Medals for the first three in each race will be presented as soon as possible after the final race.

Results

A copy of the results will be posted onto all competing schools and also posted on the Aberdeenshire Council website.

Litter

Please dispose of all litter in a proper manner.

Training Advice

Contact your Athletics Development Officer, Dawn Davidson 01467 672442 or Active Schools Coordinator for your area