

**Jogging**  
Stuart, aged 6

# Run For Fun!

P1-3 pupils and P4-7 pupils come and join our club in preparation for the Run Garioch cp&co Junior Run.

This club starts Monday 16<sup>th</sup> January 2012!

Would you like to take part in a jogging club which will prepare you for entering the cp&co Junior Run on Sunday 18<sup>th</sup> March 2012? At our tutor led sessions we will play running games and do activities which will build your stamina and endurance. You may only attend the club if you are able to run at the Junior Run.

<b>Activity Dates</b>	8 week block – Monday 16 <sup>th</sup> Jan – 12 <sup>th</sup> Mar (no club on 13 <sup>th</sup> Feb)
<b>Time</b>	P1-3 4.00pm-4.45pm P4-7 5.00pm-5.45pm
<b>Where</b>	Garioch Sports Centre, Inverurie
<b>Target Age</b>	P1-3 & P4-7
<b>Cost</b>	£28.50 for 8 week block (this fee includes the £5 entry fee for the cp&co Junior Run and a training t-shirt)
<b>Payable to</b>	Aberdeenshire Council
<b>Activity Leader</b>	Hazel and Vanessa.
<b>Contact No</b>	Via Garioch Sports Centre 01467 626141
<b>What to bring</b>	Outdoor running clothing, water, no jewellery.

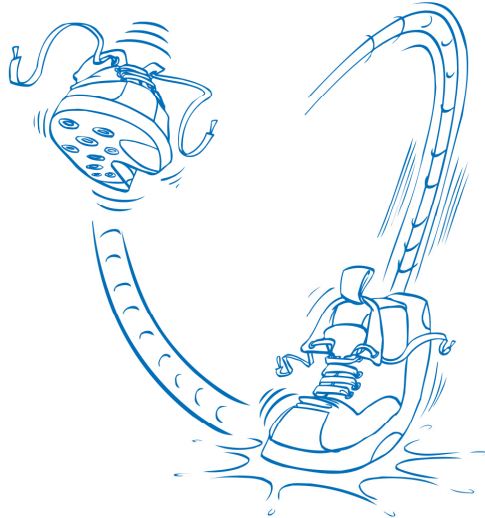
## Want to come?

All you have to do is request an Activity Parent Request Form as well as the Junior Run Entry form from the Garioch Sports Centre. Completed application forms and payment should be returned by 7<sup>th</sup> January 2012 to the following address -

Garioch Sports Centre  
Burghmuir Drive  
Inverurie  
AB51 4GY

Allocations will be located on a first come first served basis.

You will receive a telephone call if your child has got a space



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