

## *Badminton*



## *TOP Dance workshops*



*As part of a training event for staff, a TOP's dance workshop for parents, volunteers & teachers was held at the Lairhillock School. This involved 3 hours of training and the whole ethos of the course was to assist teachers with the delivery of Dance in the curriculum or as part of an extra curricular club. A workbook, work cards & a CD were available to every school that took part in the training. The training was delivered by the PE specialist for the partnership, Donna Agnew and from the feedback given was a resounding success. The same workshop was also given by Donna as part of an in-service day at the Mill O Forest School.*

## *Junior Jogscotland course*



*In collaboration with Aberdeenshire Council Athletics development team, the first 'Junior Jogscotland course' of its kind in the County was held at Lairhillock school for the Stonehaven network. With 60% of the population not participating in levels of physical activity that promote good health, this was an excellent way to recruit leaders, teachers & volunteers to promote an active lifestyle via jogging in our schools. All the leaders received a resource pack to help children of all ages to become more active, and the ethos of the course was to make youngsters realise that jogging can be FUN! If you would like more information about further courses contact Dawn Athletics Development Officer 01467 672442*

## *Tennis*



*As part of a link with the Stonehaven tennis club, Arduthie school pupils are receiving a six week block of tennis coaching time at the club.*

## *Netball coaching & umpiring course*

*When? Saturday September 13<sup>th</sup> 2008  
10-12pm (Coaching) & 1-3pm (Umpiring)*

*Who for? Volunteers, teachers or parents*

*How much? £10*

*Where? Newtonhill Centre*