

# Active Schools Activities

## Across ALL Schools, Term 2, Nov-Dec 09

WHAT?	WHEN?	WHO FOR?	WHERE?	COST?	COACH?
Breakfast Yoga Bugs <b>(Change of Day)</b>	Monday, 8.25-8.55am, 2 <sup>nd</sup> Nov – 23 <sup>rd</sup> Nov <b>NOT</b> 14 <sup>th</sup> Dec (6 weeks)	P1-4 from Hill of Banchory (HOB)	HOB Music Room	£9.00 for 6 wks (£1.50ea)	Sam Sivers-Stewart
Lunchtime Jazzercise	Monday, 12.55-1.25pm, 2 <sup>nd</sup> Nov – 23 <sup>rd</sup> Nov <b>NOT</b> 16 <sup>th</sup> Nov (3 weeks)	P1-4 from Banchory (BPS)	BPS School Hall	£4.50 for 3 wks (£1.50ea)	Gillian Taylor
Multi-sports	Monday, 2.30-3.15pm 2 <sup>nd</sup> Nov – 14 <sup>th</sup> Dec <b>NOT</b> 16 <sup>th</sup> Nov (6 weeks)	P1-3 from Drumoak	Drumoak Church Hall	£6.00 for 6 wks (£1.00ea)	Stuart Robbie
Multi-sports	Monday, 3.15-4.00pm 2 <sup>nd</sup> Nov – 14 <sup>th</sup> Dec <b>NOT</b> 16 <sup>th</sup> Nov (6 weeks)	P4-7 from Drumoak	Drumoak Church Hall	£6.00 for 6 wks (£1.00ea)	Stuart Robbie
Multi-sports <b>(New opportunity)</b>	Tuesday, 3.20-4.20pm 3 <sup>rd</sup> Nov – 15 <sup>th</sup> Dec <b>NOT</b> 17 <sup>th</sup> Nov (6 weeks)	P4-7 from Hill of Banchory (HOB)	HOB Astro-turf (don't go to school)	£8.10 for 6 wks (£1.35ea)	Stuart Robbie
Multi-sports <b>(New opportunity)</b>	Tuesday, 4.25-5.25pm 3 <sup>rd</sup> Nov – 15 <sup>th</sup> Dec <b>NOT</b> 17 <sup>th</sup> Nov (6 weeks)	P4-7 from BPS, Durriss, Strachan, Drumoak and Crathes	HOB Astro-turf (don't go to school)	£8.10 for 6 wks (£1.35ea)	Stuart Robbie
Lunchtime Yoga Bugs	Wednesday, 12.55-1.25pm, 4 <sup>th</sup> November – 9 <sup>th</sup> December (6 weeks)	P1-4 from Banchory (BPS)	BPS Room 14	£9.00 for 6 wks (£1.50ea)	Sam Sivers-Stewart
After-School Yoga Bugs <b>(New opportunity)</b>	Wednesday, 2.35-3.20pm, 4 <sup>th</sup> November – 9 <sup>th</sup> December (6 weeks)	P1-3 from Durriss	Durriss School Hall	£9.00 for 6 wks (£1.50ea)	Sam Sivers-Stewart
After-school Hip Hop	Wednesday, 3.20-4.20pm, 4 <sup>th</sup> November – 9 <sup>th</sup> December (6 weeks)	P4-7 from BPS	BPS School Hall	£10.50 for 6 wks (£1.75ea)	M C Dance
After-school Hip Hop	Wednesday, 4.25-5.25pm, 4 <sup>th</sup> November – 9 <sup>th</sup> December (6 weeks)	P4-7 from HOB, Durriss, Strachan, Drumoak and Crathes	BPS School Hall	£10.50 for 6 wks (£1.75ea)	M C Dance
Running for fun	Thursday, 2.35-3.20pm, 5 <sup>th</sup> November – 26 <sup>th</sup> November (4 weeks)	P1-3 from BPS	BPS School Hall or Canteen	FREE	Parent Volunteers
Afterschool Jazzercise	Thursday, 3.20-4.15pm, 5 <sup>th</sup> November – 26 <sup>th</sup> November (4 weeks)	P4-7 from BPS	BPS School Hall	£7.00 for 4 wks (£1.75ea)	Gillian Taylor

**\* PLEASE NOTE THAT TRANSPORT FOLLOWING ALL AFTER-SCHOOL ACTIVITIES IS THE RESPONSIBILITY OF THE PARENTS AND NOT THE SCHOOL \***

# Active Schools Activities

## Banchory Network, Term 2, 2009/10

In order to reduce paper and administration time ALL Active Schools activities that are available throughout term 2 are listed here. Please read the list carefully to find out where and when the activities are taking place and who they are open to.

- Yoga Bugs:** Fun & creative story-style yoga to stimulate children's imagination, and maintain natural flexibility. **AT HOB, BPS AND DURRIS**
- Jazzercise:** Fun, easy-to-follow dance moves and games to popular music. **AT BPS**
- Hip Hop:** Funky dance moves to popular music. **AT BPS (OPEN TO ALL)**
- Running for Fun:** Fun games involving running and movement for P1-3. **AT BPS**
- Multi-sports:** A bit of everything: hockey, cricket, lacrosse and more **AT DRUMOAK & HOB (OPEN TO ALL)**

### OTHER OPPORTUNITIES ... HIP HOP DANCING

**When:** Saturday, 10.30 – 11.30am,  
Starts again Saturday 7<sup>th</sup> November

**Where:** Banchory Primary School

**With:** M C Dance

**NO NEED TO BOOK: JUST TURN UP!**  
**ALL WELCOME:** Aged 8-18

#### CAN YOU HELP?

I am always on the lookout for new volunteers – if you can spare some time **GET IN TOUCH!**

**HOW TO BOOK:** Complete the form and return to the school office (along with any payment) in an envelope marked **FAO Kate Robertson** before the start of the sessions. Places are limited.

**HOW TO PAY:** Cash or cheque made payable to 'Aberdeenshire Council'

**PLEASE NOTE:** Unless you hear otherwise you may assume your child has a place. Places will be confirmed by email. In the event of an Active Schools club being cancelled, you will be contacted on the emergency numbers provided on this form.

**“More Kids, More Active, More Often”**

If you have any queries please contact Kate Robertson (Active Schools Coordinator). Telephone- 07917 271812  
E-mail [kate.robertson@aberdeenshire.gov.uk](mailto:kate.robertson@aberdeenshire.gov.uk).

## Application Form for Active Schools Activities

Name:	
School:	
Telephone:	
Email address: <b>(for confirmation of place)</b>	
Primary Age (e.g. P3):	
Emergency Contact Name:	
Emergency Contact Number(s):	1.
	2.
Medical Conditions or Medical Requirements:	
Photography may be used during the sessions for promotion and publicity purposes. Please tick this box if you <b>DO NOT</b> wish your child to be photographed <input type="checkbox"/>	
I agree to my child receiving emergency medical treatment if necessary.	
Name of parent/guardian:	
Signature of Parent/Guardian:	
Date:	

### BOOKING FOR (tick for place):

- Breakfast Yoga @ HOB (P1-4 from HOB)  (£9.00)
- Lunchtime Jazzercise @ BPS (P1-4 from BPS)  (£4.50)
- Multi-sports @ DRUMOAK (P1-3 from Drumoak)  (£6.00)
- Multi-sports @ DRUMOAK (P4-7 from Drumoak)  (£6.00)
- Multi-sports @ HOB (P4-7 from HOB)  (£8.10)
- Multi-sports @ HOB (P4-7 from Other Schools)  (£8.10)
- Lunchtime Yoga @ BPS (P1-4 from BPS)  (£9.00)
- After-School Yoga @ DURRIS (P1-3 from Durriss)  (£9.00)
- Hip Hop @ BPS (P4-7 from BPS)  (£10.50)
- Hip Hop @ BPS (P4-7 from other schools)  (£10.50)
- Running for Fun @ BPS (P1-3 from BPS)  (FREE)
- After-School Jazzercise @ BPS (P4-7 from BPS)  (£7.00)

**TOTAL FEE ENCLOSED: £** \_\_\_\_\_