

Aberdeenshire Council Athletics Development

AVIVA & UK Athletics Sportshall Athletics Startrack 2011

INFORMATION

- **Startrack Athletics - Sportshall (Autumn – Winter)**
Consists of - Various activities relating to a wide variety of Run – Jumps –Throws – Relays – Team & Individual Events – **Indoors**
- **Age Groups** - All are coached in their own age groups were possible – P2 – 3, P4-5, P6-7 & S1-S3 (**age groups at some venues may differ**) P2 must have been at school for a minimum of 1 year + before attending the two day events other wise parents/guardians are required to attend also.
- **Cost – £15 per person (1day event)**, this covers the coaching sessions, and all receive a goody Bag and results are sent after the event - **Cheques should be made payable to: Aberdeenshire Council & Return to Aberdeenshire Council Athletics Development, Gordon House, Blackhall Road, Inverurie AB51 3WA**
- **Sessions –** = 5hrs per day total (10am – 3pm each day) x per days/venue
- **Pack Lunch – Participents need to** - Bring a Pack Lunch with them, plenty of drinks in (addition to Pack Lunch) NONE FIZZY
- **What to Wear** - Suitable footwear -Trainers, Comfortable clothing (Track Suit/shorts/T-shirts/Sweatshirt & Warm Jumper/Jacket for going home)
- **Coaches – All are NGB Qualified Athletics Coaches with Aberdeenshire Council Athletics Development** - all with a wide experience in athletics events & working with all age groups and abilities/disabilities
- **Bookings –** Can be made by phone to secure place & application form to be returned/sent to details on form or GH office, e-mailed or put into ADO Tray/Folder before event
- **Application Forms – Must be returned prior to the event -**
Any - Medical & Disability Awareness to be recorded so coaches / staff are made aware prior to event – to be prepared on day to allow us to make arrangements where required e.g. additional or less staff per event.
(Any child requiring additional one to one assistance are asked to have a Parent/carer in attendance during the events)
- **Event Cancelation -**
In extreme weather conditions which make it unsafe for coaches/participents to travel to the venue, participants will be contated with possibly of minimum of 1 hour notice, where possible events may re - arranged or another possible venue offered/or refunds made.
- **In the event that participant can not attend –**
Bookings should be made 1 week prior to the event date, so as staff can be booked also to meet the minimum numbers of coaches to participants. **Should any participants decide after this not to attend NO refund will be available unless this has resulted to a medical condition.**
Cheques should be held until decision to go ahead and it has met the numbers required to go ahead. (to save any extra admin costs requiring raising refunds)
- **Return Completed Application Forms & Payments to:** Aberdeenshire Council Athletics Development, Gordon House, Blackhall Road, Inverurie, AB51 3WA
- **ANY OTHER QUESTIONS – Direct to Dawn 01467 672442 or 07703329806 or dawn.davidson@aberdeenshire.gov.uk**