

ABERDEENSHIRE DISABILITY SPORT SUMMER PROGRAMME 2010



Information available
in electronic copy
or call
Claire on
01467 628812
for audio copy



sp^ort
ABERDEENSHIRE DISABILITY

ACTIVITIES ON OFFER

Deeside Activity Park

The day will be two 1 hour sessions of activity with a half hour break in the middle for lunch (not provided). Experience the fun off road driving, go karting and the challenge of digger driving.



Trampolining

Garioch Sport Centre and Stonehaven Pavilion sessions are fully accessible with hoist available at both venues. No hoist available at Banchory.

Tubing at Alford Ski Centre

Participants can enjoy a thrilling ride down the dry ski slope on a large rubber ring. Suitable for wheelchair user.

Transition Extreme, Aberdeen

Experience the thrill of indoor wall climbing at this fantastic purpose built centre.

Ten Pin Bowling

A Ten pin bowling sessions at the Garioch Bowling Centre, Inverurie.

Ice Skating at Linx Ice Arena

Participants will have the use of sledges and ice chairs if less able to self propel on ice. Suitable for wheelchair users. The session will be conducted on a sectioned off area of Ice with ice arena staff on hand to give any help required.

Table Tennis

All session will be coached by three fully qualified table tennis instructors who will introduce the game of table tennis in a fun environment.

PROGRAMME 2010

DATE	TIME	VENUE	TICK (✓)
Ten Pin Bowling Sessions			
5th July	13:30 - 15:30	Garioch Bowling Centre	
16th July	13:30 - 15:30	Garioch Bowling Centre	
Ice Skating Sessions			
30th July	13:00 - 14:30	Linx Ice Arens	
Tubing Sessions			
8th July	11:00 - 12:30	Alford Ski Centre	
12th July	11:00 - 12:30	Alford Ski Centre	
22nd July	11:00-12:30	Alford Ski Centre	
Climbing Session			
7th July	13:00 - 14:30	Transition Extreme	
15th July	13:00-14:00	Transition Extreme	
Deeside Activity Park			
6th July	11:30-14:00	Deeside Activity Park, Aboyne	
14th July	11:30-14:00	Deeside Activity Park, Aboyne	
Tramplining Sessions			
9th August	14:00 - 15:30	Garioch Sports Centre	
9th August	10:00 - 11:30	Banff Academy	
13th Aug	09:30 - 11:00	Stonehaven	
13th Aug	14:00 - 15:30	Banchory	
Table Tennis			
23rd July	14:00 - 15:30	Ellon Meadows	
28th July	14:00 - 15:30	Garioch Sports Centre	
4th August	14:00 - 15:30	Banchory Community Centre	

Cost for above activities: £3.50 per person per session

Please ✓ session(s) you wish to book. Total sessions _____ x £3.50 = £ _____

Please make cheques payable to "Aberdeenshire Council" Once complete please send cheque and booking form to:

Aberdeenshire Council, Education, Learning & Leisure, Gordon House, Blackhall Road, Inverurie, Aberdeenshire, AB51 3WA.

CONSENT AND BOOKING FORM

Name:.....

Address:

..... Postcode:

Name of school you attend (if applicable):

Contact Tel No: Mobile No:

Email:

Will a carer accompany the participant to the session? YES NO *(please circle)*

If no, please give the name of someone we can contact during the time of the session in case of emergencies:

Name:..... Contact No:.....

Please indicate any special medical needs you may have that we should know about e.g. Asthma, Epilepsy:

.....

Please indicate any special educational needs you may have that you would wish to make us aware of:

.....

If you use sign language or have a special need relating to communication please state below and elaborate as fully as possible (e.g. do you use Makaton):

.....

.....

Do you consent to receiving first aid/medical treatment? YES NO *(please circle)*

Please let us know of any likes, dislikes or favourite activities you may have, and any further information you think we may require ensuring your happiness:

.....

.....

Signature:..... **Relationship:**.....

Cheques made payable to 'Aberdeenshire Council' and returned with completed form to Claire Bonner, Aberdeenshire Council, Education Learning and Leisure, Gordon House, Blackhall Road, Inverurie AB51 3WA