

MPH McINTOSH PLANT HIRE (Aberdeen) LTD.

DUATHLON SERIES 2011 / 2012

Forename Surname D.O.B.

Address

Postcode Telephone No.

email:

Category STA/BTA No. Sex M F

Club Name

EVENTS ENTERED (Please Tick Boxes & DOUBLE CHECK)

INVERURIE WESTHILL ABOYNE KNOCKBURN

ENTRY FEES (per event) Race Licence Holder £15 • Full Entry £18

Enter online @ www.aberdeenshire.gov.uk/duathlon

In signing this declaration I agree to:

- Abide by the rules of the Scottish Triathlon Association published on www.tri-scotland.org • Obey the highway code • Recognise that by taking part in this event it is by its nature hazardous and contains potential risks that could be associated with serious injury and therefore participate at my own risk • Attach no responsibility to the race organisers or any person attached to the event for any injury, accidents, loss or damage that may arise in consequence of participation in this event
- A declaration of fitness to compete in this event • Acknowledge that Aberdeenshire Council as event organisers have relied on this statement in accepting my entry. If this were not true then the event organisers would not accept my entry

Data Protection. I have no objections to the information contained in this application being entered on a computer for the purposes of race administration only.

Tick Box if you do not wish to be contacted regarding Duathlon / Triathlon / Athletic events

SIGNED DATE

All race information will be displayed on www.aberdeenshire.gov.uk/duathlon We will NOT send out any race information prior to the event - **please only include SAE if you DO NOT have internet access.**

A receipt will be sent as confirmation of entry.

Entries close on THURSDAY before each event. Any entries received after this date will have a £3 SURCHARGE

TOTAL ENTRY FEE ENCLOSED £

Please make cheques payable to "ABERDEENSHIRE COUNCIL" and return to: Aberdeenshire Council, Education Learning & Leisure, Sports Development, Gordon House, Blackhall Road, Inverurie AB51 3WA

ALL RACE INFORMATION ON www.aberdeenshire.gov.uk/duathlon or contact FIONA or ELAINE on 01467 628283

MPH McINTOSH PLANT HIRE (Aberdeen) LTD.

WINTER DUATHLON SERIES 2011/12

INVERURIE DUATHLON

Sunday

27th November 2011

WESTHILL DUATHLON

Sunday

15th January 2012

ABOYNE DUATHLON

Sunday

4th March 2012

KNOCKBURN

DUATHLON

Sunday

1st April 2012



Supported by

WWW. *The Running Shop* .uk.com



WINTER DUATHLON SERIES 2011/12

FORWARD

Aberdeenshire Council are pleased to confirm the Series of 4 Winter events for 2011/12, sponsored by MPH Plant Hire and supported by The Running Shop.

In order to assist our administrators (Fiona and Elaine) please enter early. Late entries will cost an additional £3. Entries can be accepted on the day. Race results will be emailed out where possible, so please give us your email address. Henry Trotter will be our key contact as events.

The support of McIntosh Plant Hire (Aberdeen) Ltd. and The Running Shop is greatly appreciated and we would like to acknowledge the assistance of the clubs, marshals and volunteers who will help to make the winter series a success.

Good luck in the races this winter series and hope that you enjoy the events and encourage others to take part. Thank you for your co-operation.

Supported by



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RACE EVENTS • DUATHLON SERIES 2011/12

ALL RACES SUBJECT TO WEATHER CONDITIONS

RACE 1 • INVERURIE Sunday 27th November

KELLANDS PARK
5k RUN
21k CYCLE
5k RUN

Registration from 10.00am - Race Starts 11.30am

RACE 2 • WESTHILL Sunday 15th January

WESTHILL ACADEMY
5k RUN
14k CYCLE
5k RUN

Registration from 10.00am - Race Starts 11.30am

RACE 3 • ABOYNE Sunday 4th March

ABOYNE ACADEMY
5k RUN
15k CYCLE
5k RUN

Registration from 10.00am - Race Starts 11.30am

RACE 4 • KNOCKBURN Sunday 1st April

KNOCKBURN LOCH
4k RUN
15k CYCLE
4k RUN

Registration from 10.00am
Race Starts 11.30am

