



Scottish Traditional Boat Festival

Portsoy, Banff - Sunday 3rd July 2011

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Prizes for 10km Race

Winning Male & Female • Second Male & Female • Third Male & Female
Winning Male & Female Vet • Winning Male & Female Supervet
SPOT PRIZES

Prizes for 2km

School Team Trophy to be awarded to the Primary School Team (3 members to count)
Achieving the lowest placings count



ENTRY FORM

Follow the Herring 10km Road Race

2km Fun Run

ENTER ONLINE @

www.aberdeenshire.gov.uk/recreation/events

All participants receive medals and goody bags plus free entry to Festival



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Portsoy, Banff - Sunday 3rd July 2011

Follow the Herring 10km Road Race (10.30am start)
and Wee Sporrán 2km Fun Run (10.00am start)

The runs will start at the Recreation Ground, Portsoy and finish at the harbour. All participants for the fun run must be aged 8 years and over with no upper age limit - families welcome. Those participating in the road run must be 16 years or age or over on the day of the race.

REGISTRATION

To take part simply complete the entry form opposite and return it along with your entry fee. Cheques payable to Aberdeenshire Council.



Please note - For Reason of Safety: No entries are permissible from people on roller skates, in wheelbarrows, pushchairs, carrying various objects for charity, etc. We regret that this year's runs are unsuitable for those in wheelchairs. No pets, dogs or horses (only people with a guide dog will be permitted and a position at the rear of the field will be allocated).

Use of image - by entering the runs you give your permission for the free use of your name and picture in any advertising promotion, in the press and on the Aberdeenshire Sports Council and Scottish Traditional Boat Festival web sites.

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ENTRY FORM

Follow the Herring 10km Road Race (10.30am start)
and Wee Sporrán 2km Fun Run (10.00am start)

The Recreation Ground, Portsoy - Sunday 3rd July 2011
Under Scottish Athletics Federation Rules and Associated Bodies

First Name: _____

Last Name: _____

Address: _____

Postcode: _____

Tel No. - day (inc. STD code): _____

Tel No. - evening (inc. STD code): _____

Date of Birth: Sex: _____ Age on race day: _____

Club/School: _____

Scottish Athletics Scotland Membership Number (if applicable): _____

I enclose a cheque made payable to Aberdeenshire Council for £: _____

10km FOLLOW THE HERRING ROAD RACE

Scottish Athletics Scotland Member £14 Non Scottish Athletics Scotland Member £16

2km WEE SPORRAN FUN RUN

Entry for all participants £6

Please note: All participants are strongly advised to consult their doctor prior to undertaking any exercise programme.

Disclaimer 10km: I declare I am an amateur as defined under SAL rules and all associated bodies and will abide by those rules and that I will be 16 years of age or over on the day of the run. I hereby agree that the organisers or associates shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the run. I will not participate unless I am fit to run 10km.

Disclaimer 2km: I hereby agree that the organisers or associates shall not be liable for any accident, injury, loss or damage as a consequence of my participation in the run. I will not participate unless I am fit to run 2km. 8 Yrs and over.

Data Protection. I have no objections to the information contained in this application being entered on a computer for the purposes of race administration only.

Signed _____ Date _____
(parent to sign if participant is under 16)

Postal Entries To - Race Administrator, Sports Development, Aberdeenshire Council,
Gordon House, Blackhall Road, Inverurie, AB51 3WA Tel: 01467 628283