



PORTLETHEN NETWORK

YOUNG LEADERS AWARDS

Overview

Programme of leadership training for young people between 9 and 13 that supports them working with younger children, teaching leadership skills through a whole range of games and activities.

Benefits of young Leader Award:

- Encourages young people to take **responsibility** and develop leadership skills
- Develops skills such as **organisation, communication, confidence and self esteem** along side **planning and self-review**
- Supports the work of adults within the school
- Provides the opportunity for older children to work with younger children thus **promoting integration and social inclusion**
- Reduces problems associated with bullying and inappropriate behaviour
- Encourages **co-operation** and helps to **develop moral and social skills**

Format

- Children attend 5 x 1 hour afterschool workshops
- Sessions completed afterschool
- Children apply via application forms and are selected from these.
- Those children identified will receive a letter asking them if they wish to attend the training.

Monitoring/Evaluation

Children can then utilise training from the above to assist/ deliver small parts of sessions to their peers during their PE lessons under the supervision of June Vardy. Leaders may even shadow June whilst she delivers to the younger age groups.

Post- Training

There is continued evaluation here both from supervisors and Active Schools Co-ordinator.

The Children can utilise their skills in two ways:

- Children can then deliver/set-up activities in the playground for the other children to participate in.
Timetables can be devised so that children know when they are delivering (in groups) and to whom they are delivering. For example Monday lunchtime may be group 1 delivering to primary 2 then Tuesday may be Group 2 delivering to Primary 3 etc.
- An afterschool club can also be developed where the P6 children may deliver activities to the P1-3 under the supervision of an adult (parent helpers).