

## **Aboyne Gymnastics Club Level I UKCC Coaching Course**

Aboyne Gymnastics Club has been in operation for over 30 years based at the Mid Deeside Community Centre. We currently have a membership of 20 five to eleven year old boys and girls.

In recent years the club has experienced considerable difficulty in finding qualified coaches. The introduction of the new UKCC courses, designed to improve the quality of coaching in sports, has unfortunately increased this difficulty. Courses are now longer, much more expensive and extra time and course attendance is required before coaches can operate independently.

Fortunately Aberdeenshire Sports Council is able to provide valuable support to aid would-be coaches through this process. Helane Pattillo recently attended a Level I coaching course at Banchory and is now ready to complete mentored coaching hours before going forward for assessment. Helane will be a great asset to the Club because of her considerable personal experience of the sport of gymnastics.

We are very grateful to Helane for giving up her free time, and to Aberdeenshire Sports Council for their financial assistance. Their continued support will make all the difference in determining whether our Club will continue to survive and provide constructive healthy activity for the children of Mid and Upper Deeside.