

Volunteers attend Coach Training

Aberdeenshire Sports Council sponsored two coaches from Aboyne Gymnastics Club to attend a Scottish gymnastics Association training course at Elgin in May.

Kathryn Baird and Ross Ferguson have been assisting at Aboyne Gymnastics Club for almost a year. The Assistant Coach course gives training in the skills required to work with pupils on the beam, vault , bars and floor. This is the first step on the training ladder which will ultimately allow them to run their own gymnastics classes.

Ross is an ex-dancer who has a daughter at the Club. Kathryn is a sports student at Aberdeen College. Both have made a considerable contribution to the Club since their arrival and attendance at the training course will allow them to develop their own skills further, and those of the gymnasts in their care.

Although Aboyne Gymnastics Club has existed for twenty years there is always a shortage of trained coaches. The support of Aberdeenshire Sports Council is therefore very much appreciated in providing continued funding for new coaches to attend courses.