

British National DMT Championships at Birmingham

The British National Trampoline Championships were held in Birmingham last July. I travelled down with my Dad on the Friday before the competition started. That evening I had a practice in the NIA . The arena was far bigger than any I had ever competed in before. There were ten trampolines set out along one side and two double minis on the other. I was pleased to have the practice session because the double mini trampoline was quite different from the one we train on. It was much firmer and gave you more height and it was good to get adjusted to the difference. The practice went quite well and I was looking forward to the first round the following day.

On the Saturday I competed well finishing 2nd out of five in my group. Since our group had less than eight people in it we knew that we would all progress into the final anyway. In the final we would all start on the same score so the first day was used really as a warm up for the next day.

On the Sunday, all the competitors were welcomed into the arena with their name announced over a loud speaker and were shown on the big screen for everyone to see. Each person competed on their own, one after the other, so they had perfect conditions to keep their focus and perform well. Everything was very well organised with eight people, in each separate discipline, all competing on their own one after the other. Appearing on the big TV in front of everyone while I did my final two passes was the highlight of my trip to Birmingham. I finished 4th and received a glass trophy. The competition overshadowed any I have ever been to with its size and scale.