



### ADULT & CHILD SWIMMING LESSONS

These classes are designed to teach the parent the best way to introduce their child to the water and swimming. With using the techniques learned this should hopefully build the child's confidence in readiness for further developing their swimming.

The classes are split into five age groups, 3months to 9 months, 9 months to 15 months, 15 months to 30 months, 2 ½ years to 3 ½ years & 3½ years to 5 years. There is normally a maximum of six sets of adult and babies / toddlers, however this figure may be higher as both parents can attend. For those parents who have twins an adult will be required for each individual child that is in the water except for the 3½ - 5 years age group .

To register for Adult and Child lessons you are required to attend the Centre in person during the registration period. Payment for the lessons will be required at the time of booking.

There are four blocks of lessons during the year, January to Easter & April to Summer (10 week blocks), August to October & October to December (8 week blocks).



### ADULT & CHILD SWIMMING LESSONS DAYS & TIMES

#### 3 MONTHS – 9 MONTHS

Monday	9:15am – 9:45am & 10:15am – 10:45am
Tuesday	12:45pm – 1:15pm & 1:45pm – 2:15pm
Wednesday	9:15am – 9:45am & 10:15am – 10:45am
Thursday	12:30pm – 1:00pm & 1:30pm – 2:00pm
Friday	12:15pm – 12:45pm

#### 9 MONTHS – 15 MONTHS

Monday	9:45am – 10:15am & 9:45am – 10:15am
Tuesday	1:45pm – 2:15pm & 2:15pm – 2:45pm
Wednesday	9:15am – 9:45am & 9:45am – 10:15am
Thursday	12:30pm – 12:00pm & 1:00pm – 1:30pm
Friday	12:15pm – 12:45pm



### DAYS & TIMES (cont) 15 MONTHS – 30 MONTHS

Monday	9:45am – 10:15am & 10:45am – 11:15am
Tuesday	1:15pm – 1:45pm & 2:15pm – 2:45pm
Wednesday	9:15am – 9:45am & 10:45am – 11:15am
Thursday	1:00pm – 1:30pm & 2:00pm – 2:30pm
Friday	12:15pm – 12:45pm

#### 2 ½ YEARS – 3 ½ YEARS

Monday	10:15am – 10:45am
Tuesday	12:45pm – 1:15pm
Wednesday	10:15am – 10:45am
Thursday	1:30pm – 2:00pm
Friday	12:45pm – 1:15pm

#### 3 ½ YEARS – 5 YEARS

Monday	10:45am – 11:15am
Tuesday	1:15pm – 1:45pm
Wednesday	10:45am – 11:15am
Thursday	2:00pm – 2:30pm
Friday	12:45pm – 1:15pm



## **REGISTRATION DATES FOR ADULT & CHILD CLASSES**

Register from  
17<sup>th</sup> March 2012  
(for block commencing April 12)

Register from  
16<sup>th</sup> June 2012  
(for block commencing August 12)

Register from  
22<sup>nd</sup> September 2012  
(for block commencing October 12)

Register from  
24<sup>th</sup> November 2012  
(for block commencing January 13)

Register from  
2<sup>nd</sup> March 2013  
(for block commencing April 13)



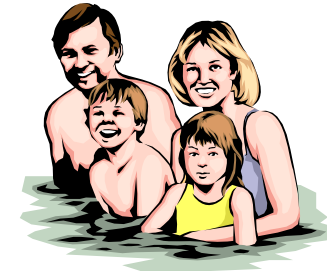
## **ADULT & CHILD REGISTRATION DAYS**

The reception will open for the registration of Adult and Child lessons at 8:00am on the date of registration. It is advisable to be at the Centre as close to this time as possible as the places do go quickly. We also need to advise you that you will be part of a, at times, considerable queue, so we do ask you for your patience in advance.

To register you will be required to fill in an application form, select a day and time, and if it is available your child's details will be recorded onto the system, payment will be taken and you will be handed a confirmation letter containing the day and time of your lesson and the commencement date of the block.

If you are not around on the day the registration starts but have a friend or family member who is willing to register and pay for you this is not a problem. All we ask is that you ensure that they have the following information available to them so they can fill in the application forms in full.

Adult's Name and contact details,  
Child's Name and D.O.B & any medical conditions of either participant.



## **ADULT & CHILD SWIMMING LESSONS**

## **PARENT INFORMATION**

## **INVERURIE SWIMMING CENTRE**