

| Race | Name | Number | Category | Time | Category Position | Swim | T1 | Cycle | T2 | Run |
|----------------------|-----------------|--------|---------------|----------|-------------------|----------|----------|----------|----------|----------|
| Alford Novice & Team | Sarah Young | 91 | Female Junior | 00:42:55 | 1 | 00:05:18 | 00:00:54 | 00:24:04 | 00:00:18 | 00:12:19 |
| Alford Novice & Team | Ingrid Leask | 85 | Female Junior | 00:49:23 | 2 | 00:08:33 | 00:01:09 | 00:25:25 | 00:00:48 | 00:13:25 |
| Alford Novice & Team | Fiona Hughes | 58 | Female Junior | 00:49:47 | 3 | 00:07:33 | 00:01:04 | 00:28:07 | 00:00:16 | 00:12:43 |
| Alford Novice & Team | Debora May | 16 | Female Junior | 00:55:37 | 4 | 00:09:28 | 00:01:18 | 00:29:41 | 00:00:37 | 00:14:30 |
| Alford Novice & Team | Lisa Mackenzie | 90 | Female Junior | 00:56:32 | 5 | 00:06:13 | 00:01:16 | 00:30:24 | 00:00:27 | 00:18:09 |
| Alford Novice & Team | Emma Wood | 40 | Female Junior | 00:58:38 | 6 | 00:07:13 | 00:01:35 | 00:34:01 | 00:00:26 | 00:15:21 |
| Alford Novice & Team | Andrew Musgrave | 72 | Male Junior | 00:40:29 | 1 | 00:06:22 | 00:01:07 | 00:22:06 | 00:00:19 | 00:10:33 |
| Alford Novice & Team | Callum Smith | 57 | Male Junior | 00:42:36 | 2 | 00:07:35 | 00:01:26 | 00:20:58 | 00:00:24 | 00:12:11 |
| Alford Novice & Team | John Rutledge | 94 | Male Junior | 00:42:51 | 3 | 00:05:17 | 00:01:22 | 00:23:36 | 00:00:29 | 00:12:04 |
| Alford Novice & Team | William Newman | 83 | Male Junior | 00:43:15 | 4 | 00:06:18 | 00:01:36 | 00:23:04 | 00:00:35 | 00:11:39 |
| Alford Novice & Team | Simon Spencer | 70 | Male Junior | 00:44:24 | 5 | 00:06:26 | 00:01:07 | 00:23:19 | 00:00:31 | 00:12:58 |
| Alford Novice & Team | Jamie Kunka | 31 | Male Junior | 00:45:31 | 6 | 00:07:28 | 00:01:32 | 00:22:24 | 00:00:59 | 00:13:05 |
| Alford Novice & Team | Alex Standen | 30 | Male Junior | 00:45:50 | 7 | 00:09:04 | 00:01:20 | 00:22:28 | 00:01:13 | 00:11:42 |
| Alford Novice & Team | Gary Milne | 95 | Male Junior | 00:47:10 | 8 | 00:05:26 | 00:00:41 | 00:24:48 | 00:00:21 | 00:15:50 |
| Alford Novice & Team | Thomas Raeburn | 27 | Male Junior | 00:50:03 | 9 | 00:09:38 | 00:01:36 | 00:23:59 | 00:00:36 | 00:14:11 |
| Alford Novice & Team | Simon Platt | 34 | Male Junior | 00:57:40 | 10 | 00:06:56 | 00:01:19 | 00:28:43 | 00:00:20 | 00:20:20 |

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| Alford Novice & Team | Craig Wilson | 3 | Male Junior | 01:20:10 | 11 | 00:11:24 | 00:02:12 | 00:44:50 | 00:00:50 | 00:20:52 |
| Alford Novice & Team | Olwyn Fraser | 81 | Female Senior | 00:50:44 | 1 | 00:07:16 | 00:01:00 | 00:27:02 | 00:00:20 | 00:15:03 |
| Alford Novice & Team | Heather Edgar | 36 | Female Senior | 00:50:50 | 2 | 00:07:47 | 00:01:39 | 00:26:16 | 00:00:40 | 00:14:26 |
| Alford Novice & Team | Elaine Mcconnachie | 39 | Female Senior | 00:50:53 | 3 | 00:07:07 | 00:01:31 | 00:26:53 | 00:01:07 | 00:14:13 |
| Alford Novice & Team | Lynne Fraser | 66 | Female Senior | 00:51:15 | 4 | 00:07:05 | 00:01:10 | 00:27:09 | 00:00:19 | 00:15:30 |
| Alford Novice & Team | Hannah Senior | 84 | Female Senior | 00:51:50 | 5 | 00:06:20 | 00:01:47 | 00:26:57 | 00:00:25 | 00:16:18 |
| Alford Novice & Team | Marie Rennie | 11 | Female Senior | 00:52:19 | 6 | 00:09:38 | 00:01:45 | 00:25:36 | 00:00:35 | 00:14:42 |
| Alford Novice & Team | Jen Mcwilliam | 42 | Female Senior | 00:52:53 | 7 | 00:08:02 | 00:00:50 | 00:28:02 | 00:00:28 | 00:15:28 |
| Alford Novice & Team | Jo Munro | 13 | Female Senior | 00:56:45 | 8 | 00:09:51 | 00:01:11 | 00:30:03 | 00:00:48 | 00:14:48 |
| Alford Novice & Team | Wendy Inglis | 4 | Female Senior | 00:59:04 | 9 | 00:09:26 | 00:01:41 | 00:30:42 | 00:00:38 | 00:16:34 |
| Alford Novice & Team | Luan Riach | 10 | Female Senior | 01:01:20 | 10 | 00:11:03 | 00:01:31 | 00:28:40 | 00:00:53 | 00:19:10 |
| Alford Novice & Team | Hanneke Marcano | 14 | Female Senior | 01:02:02 | 11 | 00:11:15 | 00:01:56 | 00:29:57 | 00:01:07 | 00:17:44 |
| Alford Novice & Team | Clare Easton | 2 | Female Senior | 01:07:10 | 12 | 00:10:32 | 00:02:03 | 00:34:01 | 00:00:43 | 00:19:48 |
| Alford Novice & Team | Andy Williams | 65 | Male Senior | 00:43:39 | 1 | 00:06:59 | 00:00:46 | 00:22:30 | 00:00:22 | 00:12:59 |
| Alford Novice & Team | Chris Jessiman | 75 | Male Senior | 00:44:47 | 2 | 00:06:57 | 00:00:47 | 00:23:18 | 00:00:20 | 00:13:22 |
| Alford Novice & Team | Scott Walker | 87 | Male Senior | 00:48:43 | 3 | 00:06:31 | 00:01:39 | 00:26:59 | 00:00:17 | 00:13:15 |
| Alford Novice & Team | Thomas Benson | 7 | Male Senior | 00:50:26 | 4 | 00:08:33 | 00:01:41 | 00:25:27 | 00:01:08 | 00:13:34 |
| Alford Novice & Team | Stuart Andrew | 9 | Male Senior | 00:50:26 | 5 | 00:08:45 | 00:01:41 | 00:24:59 | 00:00:59 | 00:13:59 |

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| Alford Novice & Team | Stuart Mcadam | 82 | Male Senior | 00:52:18 | 6 | 00:07:01 | 00:01:08 | 00:25:53 | 00:00:31 | 00:17:43 |
| Alford Novice & Team | Lewis Gray | 69 | Male Senior | 00:52:32 | 7 | 00:06:32 | 00:01:23 | 00:29:05 | 00:00:15 | 00:15:15 |
| Alford Novice & Team | Ross Atkinson | 29 | Male Senior | 00:53:05 | 8 | 00:08:46 | 00:01:28 | 00:27:09 | 00:01:08 | 00:14:31 |
| Alford Novice & Team | Colin Inglis | 5 | Male Senior | 00:55:23 | 9 | 00:08:43 | 00:01:47 | 00:27:06 | 00:01:08 | 00:16:36 |
| Alford Novice & Team | John Riach | 12 | Male Senior | 00:56:36 | 10 | 00:08:31 | 00:01:21 | 00:27:12 | 00:00:40 | 00:18:50 |
| Alford Novice & Team | Craig Oswald | 25 | Male Senior | 01:00:39 | 11 | 00:09:51 | 00:01:34 | 00:31:22 | 00:01:00 | 00:16:49 |
| Alford Novice & Team | Erni Hamilton | 43 | Female Vet | 00:46:09 | 1 | 00:08:05 | 00:01:07 | 00:23:06 | 00:00:27 | 00:13:20 |
| Alford Novice & Team | Julie Wilson | 76 | Female Vet | 00:47:49 | 2 | 00:06:22 | 00:00:57 | 00:26:14 | 00:00:36 | 00:13:36 |
| Alford Novice & Team | Uma Thomas | 33 | Female Vet | 01:05:21 | 3 | 00:08:29 | 00:02:16 | 00:34:59 | 00:00:41 | 00:18:53 |
| Alford Novice & Team | Lindsay Cortes | 8 | Female Vet | 01:09:34 | 4 | 00:09:58 | 00:02:04 | 00:34:19 | 00:00:40 | 00:22:31 |
| Alford Novice & Team | Jake Vellacott | 89 | Male Vet | 00:40:42 | 1 | 00:06:33 | 00:00:53 | 00:21:05 | 00:00:18 | 00:11:51 |
| Alford Novice & Team | Andy Redman | 80 | Male Vet | 00:42:46 | 2 | 00:06:29 | 00:00:57 | 00:22:03 | 00:00:10 | 00:13:05 |
| Alford Novice & Team | David Blane | 17 | Male Vet | 00:45:53 | 3 | 00:08:14 | 00:00:51 | 00:23:21 | 00:00:41 | 00:12:43 |
| Alford Novice & Team | Tim Pott | 52 | Male Vet | 00:46:02 | 4 | 00:08:09 | 00:00:54 | 00:23:31 | 00:00:57 | 00:12:28 |
| Alford Novice & Team | Alan Riach | 53 | Male Vet | 00:47:09 | 5 | 00:08:39 | 00:01:02 | 00:25:04 | 00:00:44 | 00:11:39 |
| Alford Novice & Team | Ian Wilson | 51 | Male Vet | 00:48:06 | 6 | 00:07:31 | 00:01:19 | 00:25:01 | 00:00:44 | 00:13:28 |
| Alford Novice & Team | Ron Milne | 79 | Male Vet | 00:49:27 | 7 | 00:06:38 | 00:00:48 | 00:25:47 | 00:00:22 | 00:15:48 |
| Alford Novice & Team | Keith Charlton | 22 | Male Vet | 00:49:45 | 8 | 00:08:26 | 00:01:31 | 00:26:09 | 00:00:58 | 00:12:38 |

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| Alford Novice & Team | Mark Reeve | 20 | Male Vet | 00:50:38 | 9 | 00:08:20 | 00:01:37 | 00:25:19 | 00:00:33 | 00:14:46 |
| Alford Novice & Team | Hugh Mackenzie | 67 | Male Vet | 00:50:41 | 10 | 00:06:52 | 00:01:03 | 00:26:12 | 00:00:26 | 00:16:07 |
| Alford Novice & Team | Ken Thomson | 44 | Male Vet | 00:51:01 | 11 | 00:07:48 | 00:01:19 | 00:26:18 | 00:00:24 | 00:15:10 |
| Alford Novice & Team | Sue Buchan | 26 | Male Vet | 00:56:41 | 12 | 00:10:15 | 00:01:14 | 00:29:34 | 00:00:45 | 00:14:49 |
| Alford Novice & Team | Enrique Cortes | 23 | Male Vet | 00:58:56 | 13 | 00:08:47 | 00:01:14 | 00:28:01 | 00:00:51 | 00:20:00 |
| Alford Novice & Team | Janice Gordon | 24 | Female Super Vet | 00:57:30 | 1 | 00:08:52 | 00:02:02 | 00:29:58 | 00:00:58 | 00:15:38 |
| Alford Novice & Team | Blair Mckay | 41 | Male Super Vet | 00:49:52 | 1 | 00:07:59 | 00:01:25 | 00:24:39 | 00:00:24 | 00:15:21 |
| Alford Novice & Team | Raymond Edgar | 45 | Male Super Vet | 00:54:39 | 2 | 00:08:00 | 00:01:54 | 00:27:30 | 00:00:45 | 00:16:27 |
| Alford Novice & Team | Frank Musgrave | 1 | Male Super Vet | 00:59:06 | 3 | 00:12:05 | 00:02:27 | 00:29:56 | 00:00:21 | 00:14:13 |
| Alford Novice & Team | Bert Mcintosh | 21 | Male Vintage | 00:54:34 | 1 | 00:10:33 | 00:01:19 | 00:25:31 | 00:00:24 | 00:16:45 |
| Alford Novice & Team | Andrew Young | 93 | Team | 00:40:20 | 1 | 00:05:17 | 00:01:00 | 00:21:32 | 00:00:29 | 00:11:59 |
| Alford Novice & Team | Pj Barron | 61 | Team | 00:41:09 | 2 | 00:06:03 | 00:01:48 | 00:21:52 | 00:00:30 | 00:10:53 |
| Alford Novice & Team | Douglas Wood | 92 | Team | 00:41:50 | 3 | 00:05:16 | 00:00:48 | 00:22:09 | 00:00:34 | 00:13:00 |
| Alford Novice & Team | Andrinne Craig | 78 | Team | 00:42:00 | 4 | 00:06:46 | 00:00:49 | 00:22:33 | 00:00:33 | 00:11:17 |
| Alford Novice & Team | Kevin Barclay | 46 | Team | 00:45:39 | 5 | 00:08:31 | 00:00:57 | 00:22:48 | 00:00:41 | 00:12:40 |
| Alford Novice & Team | Duncan Munro | 48 | Team | 00:46:18 | 6 | 00:07:21 | 00:01:01 | 00:24:02 | 00:00:33 | 00:13:18 |
| Alford Novice & Team | Justin Thomas | 59 | Team | 00:46:52 | 7 | 00:07:21 | 00:00:58 | 00:23:56 | 00:00:41 | 00:13:52 |
| Alford Novice & Team | Scott Munro | 86 | Team | 00:47:36 | 8 | 00:06:14 | 00:00:54 | 00:26:57 | 00:00:41 | 00:12:48 |

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| Alford Novice & Team | George Clements | 96 | Team | 00:47:45 | 9 | 00:04:52 | 00:00:54 | 00:25:31 | 00:00:44 | 00:15:40 |
| Alford Novice & Team | Ruaridh Newman | 71 | Team | 00:47:52 | 10 | 00:06:23 | 00:00:49 | 00:25:57 | 00:00:43 | 00:13:57 |
| Alford Novice & Team | Margit Matthews | 49 | Team | 00:48:26 | 11 | 00:07:19 | 00:00:59 | 00:27:13 | 00:00:40 | 00:12:11 |
| Alford Novice & Team | Iona Gatenby | 60 | Team | 00:50:04 | 12 | 00:08:07 | 00:00:54 | 00:25:53 | 00:00:42 | 00:14:25 |
| Alford Novice & Team | Debra Steele(1) | 19 | Team | 00:50:15 | 13 | 00:08:11 | 00:01:09 | 00:23:52 | 00:00:49 | 00:16:11 |
| Alford Novice & Team | Gary Horne | 55 | Team | 00:50:57 | 14 | 00:06:32 | 00:01:05 | 00:29:03 | 00:00:36 | 00:13:38 |
| Alford Novice & Team | Steve Barrett | 6 | Team | 00:51:02 | 15 | 00:10:00 | 00:01:39 | 00:22:56 | 00:00:39 | 00:15:45 |
| Alford Novice & Team | Colin Allanach | 15 | Team | 00:51:32 | 16 | 00:08:49 | 00:01:06 | 00:23:21 | 00:00:41 | 00:17:33 |
| Alford Novice & Team | Graham Blair | 62 | Team | 00:51:37 | 17 | 00:07:07 | 00:00:55 | 00:27:42 | 00:00:42 | 00:15:08 |
| Alford Novice & Team | Claire Bonner | 50 | Team | 00:52:09 | 18 | 00:07:57 | 00:01:03 | 00:23:02 | 00:00:42 | 00:19:22 |
| Alford Novice & Team | David Mcintosh | 63 | Team | 00:55:45 | 19 | 00:07:39 | 00:00:58 | 00:31:51 | 00:00:44 | 00:14:31 |
| Alford Novice & Team | Seamus Collins | 54 | Team | 00:55:47 | 20 | 00:07:11 | 00:00:58 | 00:30:13 | 00:00:40 | 00:16:42 |
| Alford Novice & Team | Emma Mcintosh | 64 | Team | 00:56:00 | 21 | 00:06:39 | 00:01:05 | 00:31:04 | 00:00:42 | 00:16:28 |
| Alford Novice & Team | Jamie Homyer | 37 | Team | 00:58:34 | 22 | 00:10:15 | 00:01:02 | 00:29:56 | 00:00:40 | 00:16:37 |
| Alford Novice & Team | Debra Steele | 18 | Team | 00:58:51 | 23 | 00:08:10 | 00:01:09 | 00:29:02 | 00:00:48 | 00:19:40 |