

My School Lunch Menu



My School Lunch Menu



A Filled Baked Potato features Daily as a Main Course option.

Week 1 commencing

7th April, 5th May, 2nd June, 30th June, 18th August & 15th September 2008

A Filled Baked Potato features Daily as a Main Course option.

Week 2 commencing

14th April, 12th May, 9th June, 25th August & 22nd September 2008

A selection of bread from the Bread Basket and Milk or Pure Fruit Juice are included as part of a Lunch Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Korma Sweetcorn Long Grain Rice Cheese & Tomato Pizza V Baked Beans Mashed Potatoes Baked Potato with Baked Beans 'The Sandwich Tray' Cheddar Cheese V Prawn Marie Rose Tuna Mayonnaise in a Selection of Breads Tomato Wedges Pizza Finger Fresh Fruit Selection Assorted Yoghurts Angel Delight with Fruit	Soup of the Day with Ham Tagliatelle Garden Peas French Bread Turkey Steak Sliced Carrots Mashed Potatoes Baked Potato with Cheddar Cheese V 'The Soup & Sandwich Tray' Sliced Chicken Soft Cheese V Tuna Mayonnaise in a Selection of Breads Grapes Pasta Salad Fresh Fruit Selection Cheese & Biscuits Assorted Yoghurts	Mexican Mince with Taco Shell Sweetcorn Long Grain Rice Sausage Roll Sliced Beetroot Spaghetti Hoops Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Ham Egg V Tuna Mayonnaise in a Selection of Breads Melon Wedge Cocktail Sausage Roll Fresh Fruit Selection Assorted Yoghurts Iced Sponge with Custard	Roast Chicken in Gravy with Mealie Broccoli Florets Roast Potatoes Salmon Pasta Bake Vegetable Sticks French Bread Baked Potato with Prawn Marie Rose 'The Sandwich Tray' Wafer Thin Beef Salad V Tuna Mayonnaise in a Selection of Breads Tomato Salsa Pasta Shapes Fresh Fruit Selection Cheese & Biscuits Fruit Sorbet & Fresh Fruit Salad	Vegetable Quiche V Garden Peas Pasta Shapes Beef Burger in a Bun Coleslaw Potato Wedges Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Chicken Mayonnaise Banana V Tuna Mayonnaise in a Selection of Breads Coleslaw Quiche Finger Fresh Fruit Selection Cheese & Biscuits Chocolate Saucy Sponge with Custard

Fresh salad is also included as part of a lunch meal everyday!



Monday	Tuesday	Wednesday	Thursday	Friday
Steak Mince Garden Peas Mashed Potatoes Macaroni Cheese V Sliced Beetroot French Bread Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Ham Soft Cheese V Tuna Mayonnaise in a Selection of Breads Sweetcorn Popcorn Fresh Fruit Selection Cheese & Biscuits Milkshake with Shortbread	Sweet & Sour Chicken Sweetcorn Long Grain Rice Braised Steak Shredded Cabbage Boiled Potatoes Baked Potato with Egg Mayonnaise V 'The Sandwich Tray' Wafer Thin Turkey Egg V Tuna Mayonnaise in a Selection of Breads Melon Wedge Pasta Salad Fresh Fruit Selection Cheese & Biscuits Assorted Yoghurts	Soup of the Day with Chicken & Ham Brunch Broccoli Florets French Bread Grilled Sausages Baked Beans Mashed Potatoes Baked Potato with Baked Beans V 'The Soup & Sandwich Tray' Cheddar Cheese V Salad V Tuna Mayonnaise in a Selection of Breads Grapes Pitta Bread Wedge Fresh Fruit Selection Cheese & Biscuits Assorted Yoghurts	Breaded Haddock Coleslaw Chips Hot Roast Pork with Apple Sauce & Gravy Garden Peas Boiled Potatoes Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Sliced Chicken Egg V Tuna Mayonnaise in a Selection of Breads Banana Oat Muffin Coleslaw Fresh Fruit Selection Cheese & Biscuits Sticky Toffee Pudding with Custard	Chicken in a Bun Vegetable Sticks Spaghetti Hoops Beef Lasagne Sliced Carrots French Bread Baked Potato with Cheddar Cheese V 'The Sandwich Tray' Salmon Wafer Thin Beef Tuna Mayonnaise in a Selection of Breads Vegetable Sticks Savoury CousCous Fresh Fruit Selection Assorted Yoghurts Fruit Jelly

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A Filled Baked Potato features Daily as a Main Course option.

Week 3 commencing

21st April, 19th May, 16th June, 1st September & 29th September 2008

A Filled Baked Potato features Daily as a Main Course option.

Week 4 commencing

28th April, 26th May, 23rd June, 8th September & 6th October

A selection of bread from the Bread Basket and Milk or Pure Fruit Juice are included as part of a Lunch Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese Garden Peas Spaghetti Baked Fish Nuggets Baked Beans Mashed Potatoes Baked Potato with Baked Beans V 'The Sandwich Tray' Salad V Sliced Chicken Tuna Mayonnaise in a Selection of Breads Tomato Wedges Pasta Salad Fresh Fruit Selection Assorted Yoghurts Fruit Muffin with Milk	Lentil Soup V with Chicken Tikka Sweetcorn Long Grain Rice Hot Dog & Bun Vegetable Sticks Potato Wedges Baked Potato with Cheddar Cheese V 'The Soup & Sandwich Tray' Prawn Marie Rose Cheddar Cheese V Tuna Mayonnaise in a Selection of Breads Vegetable Sticks Pitta Bread Wedge Fresh Fruit Selection Cheese & Biscuits Assorted Yoghurts	Roast Turkey in Gravy with Mealie Sliced Carrots Roast Potatoes Cheese Wheels V Sliced Beetroot Spaghetti Hoops Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Ham Soft Cheese V Tuna Mayonnaise in a Selection of Breads Grapes Mini Cheese Wheel Fresh Fruit Selection Assorted Yoghurts Chocolate Cracknel with Custard	Gammon & Pineapple Sweetcorn Savoury Rice Chicken Pie Broccoli Florets Mashed Potatoes Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Chicken Mayonnaise Banana V Tuna Mayonnaise in a Selection of Breads Sweetcorn Popcorn Fresh Fruit Selection Cheese & Biscuits Fruit Sorbet with Fresh Fruit Salad	Cheese & Tomato Pizza V Coleslaw Pasta Shapes Steak Mince Shredded Cabbage Mashed Potatoes Baked Potato with Coleslaw V 'The Sandwich Tray' Wafer Thin Beef Egg V Tuna Mayonnaise in a Selection of Breads Coleslaw Pizza Finger Fresh Fruit Selection Assorted Yoghurts Butterscotch Sponge with Custard

Fresh salad is also included as part of a lunch meal everyday!



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fajitas Garden Peas Potato Wedges Macaroni Cheese V Sliced Beetroot Mashed Potatoes Baked Potato with Chicken Mayonnaise 'The Sandwich Tray' Chicken Mayonnaise Salad V Tuna Mayonnaise in a Selection of Breads Melon Wedge Pasta Shapes Fresh Fruit Selection Assorted Yoghurts Ice Cream with Fruit	Roast Beef in Gravy Shredded Cabbage Boiled Potatoes Chinese Chicken Vegetable Sticks Noodles Baked Potato with Cheddar Cheese V 'The Sandwich Tray' Wafer Thin Ham Egg V Tuna Mayonnaise in a Selection of Breads Vegetable Sticks Pitta Bread Wedge Fresh Fruit Selection Assorted Yoghurts Milk Shake with Oat Biscuit	Chicken Tagliatelle Broccoli Florets French Bread Grilled Sausages Sweetcorn Mashed Potatoes Baked Potato with Tuna Mayonnaise 'The Sandwich Tray' Wafer Thin Turkey Salmon Tuna Mayonnaise in a Selection of Breads Tomato Wedges Banana Oat Muffin Fresh Fruit Selection Cheese & Biscuits Chocolate Yoghurt Cake with Custard	Soup of the Day with Steak Pie Sliced Carrots Boiled Potatoes Chicken Grill Steak Baked Beans Chips Baked Potato with Baked Beans V 'The Soup & Sandwich Tray' Wafer Thin Beef Cheddar Cheese V Tuna Mayonnaise in a Selection of Breads Sweetcorn Salsa Popcorn Fresh Fruit Selection Assorted Yoghurts Cheese & Biscuits	Spicy Pork Mixed Vegetables Long Grain Rice Baked Golden Whales Garden Peas Spaghetti Hoops Baked Potato with Coleslaw V 'The Sandwich Tray' Sliced Chicken Egg V Tuna Mayonnaise in a Selection of Breads Grapes Coleslaw Fresh Fruit Selection Cheese & Biscuits Milk Pudding with Fruit

Fresh salad is also included as part of a lunch meal everyday!

