

Aberdeenshire Joint Strategic Needs Assessment (JSNA) Appendix

Appendix – List of tables

Table 1: Life expectancy trends Aberdeenshire

	Male	Female	Age Difference
1998-00	75.2	80.2	5
2003-05	76.7	81	4.3
2008-10	78.2	81.7	3.5

Table 2: Life expectancy at birth 2008-10, Aberdeenshire compared to other areas

Area	Male	Female
Aberdeen City	76.3	80.9
Aberdeenshire	78.2	81.7
Moray	76.9	81.2
Grampian	77.3	81.3
Scotland	75.8	80.4

Table 3: Life expectancy by deprivation (Source: GROS)

	Life expectancy at birth	
Aberdeen City	75.9	80.6
Least deprived	76.7	81.3
Most deprived	70.5	76.2
<i>Difference</i>	<i>6.2</i>	<i>5.1</i>
Aberdeenshire	77.9	81.5
Least deprived	78.9	82.0
Most deprived	72.5	78.9
<i>Difference</i>	<i>6.4</i>	<i>3.1</i>
Moray	76.5	80.8
Least deprived	77.0	81.0
Most deprived	73.4	79.6
<i>Difference</i>	<i>3.6</i>	<i>1.4</i>

Table 4: Proportion Ethnic Groups within Aberdeenshire

Age Groups	No. people	No. within BME groups	Proportion BME groups
65 to 69	9687	17	0.18%
70 to 74	8146	9	0.11%
75 to 79	6569	9	0.14%
80 to 84	4170	5	0.12%
85 to 89	2425	1	0.04%
90 and over	1340	0	0.00%
Total	32337	41	0.13%

Table 5: Household tenure within Aberdeenshire and Scotland

Aberdeenshire	Single adult	Small adult	Single parent	Small family	Large family	Large adult	Older smaller	Single pensioner	All
Owner occupied	59	81	*	79	84	78	86	54	74
Social rented	23	12	*	7	10	10	9	39	17
Private rented	14	7	*	11	6	9	4	4	8
Other	3	0	*	2	1	2	1	3	2
Total	100	100	100	100	100	100	100	100	100
Scotland									
Owner occupied	49	68	33	75	74	74	82	61	65
Social rented	32	14	48	16	19	15	14	33	22
Private rented	18	16	18	9	6	10	2	4	11
Other	2	1	1	1	1	1	2	2	2
Total	100	100	100	100	100	100	100	100	100

Table 6: Estimate of fuel poverty by household characteristic in Scotland¹

Household type	% Not fuel poor	% Fuel poor	% Extreme fuel poor
Single adult	65	35	10
Small adult	85	15	3
Single parent	69	31	4
Small family	94	6	2
Large family	93	7	2
Large adult	80	20	5
Older smaller	60	40	12
Single pensioner	45	55	18

Table 7: Percentage of population of Aberdeen, Aberdeenshire, Moray, Grampian and Scotland claiming Key Benefits, by age, 2009/10, Source: SNS area profile²

Age group	Percentage of population claiming Key Benefits*				
	Aberdeen City	Aberdeen shire	Moray	Grampian	Scotland

16-24	7.5	7.8	10.2	8	13
25-49	11.1	8.5	11.1	10	13.1
50 to pensionable age	17.7	12.6	16.7	15.1	23.3

* Method as per SNS: "Each claimant can only be assigned to one of the 8 groups, in the following priority order: Job Seekers Allowance claimants; Incapacity Benefit or Severe Disablement Allowance claimants; Lone Parents Income support claimants with a child under 16 and no partner; Carers Allowance claimants; Others on Income Related Benefit Other income support (including IS Disability premium) or Pension Credit claimants under State Pension age; Disabled Disability Living Allowance (DLA); Bereaved Widows Benefit, Bereavement Benefit or Industrial Death Benefit claimants;"²

Table 8: Proportion of households where care provided from within or outside household (informal and formal) 2009/10³

	Single adult	Small adult	Single parent	Small family	Large family	Large adult	Older smaller	Single pensioner	All
Aberdeen City	6	3	11	5	9	9	19	18	9
Aberdeenshire	8	6	8	2	10	8	18	17	10
Moray	6	8	5	3	12	26	27	23	15
Scotland	10	10	11	7	13	17	25	23	15

Table 9: Percentage of households containing someone with long-standing illness or disability, by age and sex (Scottish Household survey)

	0-9	10-19	20-29	30-39	40-49	50-59	60-69	Over 70	All
Aberdeen City									
Male	3	3	8	5	13	17	23	28	47
Female	2	4	7	5	12	13	19	37	53
All	2	4	8	5	13	15	21	33	
Aberdeenshire									
Male	3	8	2	6	12	18	20	32	48
Female	2	2	3	9	11	17	18	38	52
All	2	5	2	7	11	17	19	35	
Moray									
Male	2	4	8	9	10	15	22	31	46
Female	1	3	3	6	11	16	23	36	54
All	2	4	5	7	10	15	23	34	
Scotland									
Male	3	7	5	7	12	16	22	39	46
Female	2	4	4	6	12	16	19	37	54
All	2	5	4	7	12	16	21	33	

Table 10: Total numbers of adults with Learning Disabilities known to Local Authorities, 2008⁴

Local Authority	Number with learning disability				Rate per 1,000 population	Change in rate from 2007
	16-20	21-64	65+	Total		
Aberdeen City	99	1078	175	1352	7.7	4

Aberdeenshire	262	1431	190	1883	9.8	1
Moray	39	375	35	449	6.3	0
Scotland	2700	19,878	2406	24984	5.9	0.4

Table 11: Registered visually impaired persons by Local Authority and in Scotland, by age, 2010⁵

Local Authority	Number under 65 years (%)	Number over 65 years (%)	Total	Registered per 1,000 Population
Aberdeen City	287 (32.9)	585 (67.1)	872	4.1
Aberdeenshire	234 (27.7)	611 (72.3)	845	3.5
Moray	104 (26.4)	290 (73.6)	394	4.5
Scotland	8,883 (25.8)	25,609 (74.2)	34,492	6.6

Table 12: Percentage aged 65 plus receiving 10+ hrs of home care in NHS Grampian and local areas, 2003 to 2011⁶

	2003	2004	2005	2006	2007	2008	2009	2010	2011
NHS Grampian	15.0%	21.0%	22.0%	22.2%	24.5%	25.5%	23.6%	24.8%	24.7%
Aberdeen City	11.0%	18.2%	23.6%	25.4%	27.4%	23.3%	23.0%	25.0%	25.6%
Aberdeenshire	14.3%	19.9%	17.1%	16.3%	18.9%	24.6%	18.6%	18.9%	16.7%
Moray	28.3%	33.8%	28.9%	26.6%	28.9%	34.1%	36.3%	36.8%	38.4%

Table 13: Total number of clients receiving home care, by Local Authority⁷

Local Authority	Number of clients receiving a service				
	2007	2008	2009	2010	2011
Aberdeen City	2945	2449	2013	1901	1931
Aberdeenshire	2366	2525	2634	2396	2153
Moray	1320	1305	1312	1179	1197

Table 14: Medium dependency housing for older people, provided by Local Authorities and Housing Associations, selected years up to 2010⁸

	1996	1999	2002	2005	2008	2009	2010
Scotland	17,624	17,655	16,451	13,413	13,567	14,419	12,795
Aberdeen City	1,882	349	188	418	497	554	722
Aberdeenshire	2,728	2,635	2,453	780	1,279	972	69
Moray	969	997	992	92	27	15	61

Table 15: Sheltered housing for older people, provided by Local Authorities and Housing Associations, selected years up to 2010⁸

	1996	1999	2002	2005	2008	2009	2010
Scotland	34,704	34,460	34,247	33,212	32,959	32,691	32,993

Aberdeen City	2,333	2,562	2,542	2,719	2,606	2,672	2,655
Aberdeenshire	1,870	1,964	2,053	2,070	2,190	2,142	2,078
Moray	463	497	495	497	565	583	589

Table 16: Very sheltered housing for older people, provided by Local Authorities and Housing Associations, selected years up to 2010.⁸

	1996	1999	2002	2005	2008	2009	2010
Scotland	719	1,389	2,023	3,893	5,128	5,346	5,320
Aberdeen City	59	94	86	153	170	178	180
Aberdeenshire	50	50	95	110	173	152	139
Moray	0	32	31	89	123	105	106

Table 17: Proportion adults providing unpaid care, 2009/10 (Scottish Household Survey)³

Moray	Percentage
Don't provide unpaid care	83.9
Provide unpaid care (inside or outside household)	16.2
Aberdeenshire	
Don't provide unpaid care	89
Provide unpaid care (inside or outside household)	11.1
Aberdeen City	
Don't provide unpaid care	90.1
Provide unpaid care (inside or outside household)	9.9
Scotland	
Don't provide unpaid care	87.6
Provide unpaid care (inside or outside household)	12.5

Table 18: Provision of care to anyone inside or outside the home by age, Scotland (Source: Scottish Health Survey)

Age	16-24	25-34	35-44	45-54	55-64	65-74	75+	Total
Provides regular care (%)	5	8	13	16	18	13	10	12

Table 19: Self-assessed health by care provision, by sex and age , Scottish Health Survey⁹

Self assessed health	% Carer	% Not carer	Total
Men			

Age 16-44			
Very good/good	75	86	85
Fair	23	10	11
Bad/very bad	3	4	3
Age 45-64			
Very good/good	62	73	71
Fair	30	18	20
Bad/very bad	7	9	9
Age 65+			
Very good/good	67	59	60
Fair	24	28	27
Bad/very bad	9	14	13
Women			
Age 16-44			
Very good/good	68	85	84
Fair	22	11	12
Bad/very bad	10	4	4
Age 45-64			
Very good/good	73	69	70
Fair	23	19	20
Bad/very bad	5	12	10
Age 65+			
Very good/good	65	61	61
Fair	27	27	27
Bad/very bad	9	12	11

Table 20: Mean WEMWBS scores by care provision, sex and age (Source: Scottish Health Survey⁹)

Mean WEMWBS scores	Carer	Not carer	Total
Men			

Age 16-44	50.1	50.5	50.5
Age 45-64	48.6	49.6	49.5
Age 65+	53.2	50.8	51.1
Women			
Age 16-44	47.4	49.9	49.6
Age 45-64	49.6	49.1	49.2
Age 65+	49.9	50.4	50.3

Table 21: Estimated usual weekly alcohol consumption (mean units) by age in Scotland, Grampian, Aberdeen City and Aberdeenshire, 2008 and 2009 Scottish Health Survey, source NHS Grampian Health Intelligence

	16-24	25-34	35-44	45-54	55-64	65-74	75+	All ages
Scotland	18.3	12.8	13.5	14.1	12.2	9.4	4.8	12.7
Grampian	25.7	11.9	12.6	12.7	12.5	6.7	3.3	12.7
Aberdeen City	37.2	11.1	15.4	12.2	13.9	8.2	2.8	15.6
Aberdeenshire	18.1	11.9	11.9	11.8	11.2	6.7	4.3	11.2

Table 22: Mean units of alcohol consumed on heaviest drinking day in past week, by age, Scottish Health Survey 2008 and 2009 combined

	16-24	25-34	35-44	45-54	55-64	65-74	75+	All ages
Grampian	14.2	9.3	7.8	6.2	5.7	4.2	2.2	7.3
Aberdeen City	13.8	9.4	8.7	8.4	7.1	4	2.5	8.7
Aberdeenshire	16.6	7.5	7.3	5.6	4.8	4	2.2	6.6

Table 23: General acute inpatient and day case discharges with an alcohol-related diagnosis in any position, European Age Standardised Rate, 2005/06-2009/10, Source ISD¹⁰

	2005/06	2006/07	2007/08	2008/09	2009/10
Scotland	707	737	788	763	709
Aberdeen City	865	934	997	1014	986
Aberdeenshire	409	412	423	418	396
Moray	601	640	623	603	531

Table 24: General acute inpatient and day case discharges (EASR) Scotland, with an alcohol-related diagnosis in any position, 2009/10,¹⁰

Age Group	European Age Standardised Rate
Under 15 years	27

15-19 years	432
20-24 years	553
25-29 years	620
30-34 years	772
35-39 years	913
40-44 years	1 080
45-49 years	1 182
50-54 years	1 316
55-59 years	1 208
60 years and over	935
All	709

Table 25: Alcohol-related discharges in Grampian residents, 2010, by CHP (source: NHS G Health Intelligence)

CHP	Episodes	Number of Patients		
		0-64 yrs	65 yrs and over	Total
Aberdeen City CHP	2465	1152	198	1350
Aberdeenshire CHP	1230	564	122	686
Moray CHP	628	252	67	319
Non-Grampian Practice	129	87	2	89
Total	4452	2055	389	2444

Table 26: Dietary quality as per dietary quality index (DQI) by age in Scotland, 2008 and 2010 data combined. Source: Scottish Health Survey⁹

Age	16-24	25-34	35-44	45-54	55-64	65-74	75+	All
Mean DQI (%)	46.4	50.0	52.1	53.7	55.2	56.6	54.8	52.5

Table 27: Dietary quality as per dietary quality index (DQI) by SIMD in Scotland, 2008 and 2010 data combined. Source: Scottish Health Survey⁹

SIMD quintile*	Mean DQI score (%)				
	1st	2nd	3rd	4th	5th
Men	55.0	53.2	53.7	49.5	47.8
Women	60.0	56.2	54.9	52.1	50.0

* 1st quintile = least deprived, 5th quintile = most deprived

Table 28: Dietary quality as per dietary quality index (DQI) by physical activity level in Scotland, 2008 and 2010 data combined. Source: Scottish Health Survey⁹

Physical activity level	Mean DQI score (%)		
	Low	Medium	High

Men	49.5	51.8	53.4
Women	52.5	54.7	57.8

Table 29: Adult physical activity levels by age, Scotland, 2010. Source Scottish Health Survey¹¹

Physical activity level	% within each age category at each physical activity level							
	16-24	25-34	35-44	45-54	55-64	65-74	75+	All
Meets recommendations	52	51	48	44	32	19	8	39
Some activity	30	30	32	31	31	30	18	30
Low activity	18	19	20	26	36	51	73	31

Table 30: Mean BMI by age, all adults, 2010. Source: Scottish Health Survey¹¹

	16-24	25-34	35-44	45-54	55-64	65-74	75+	Total 16+
Mean BMI	24.3	26.4	28.3	28.5	29	28.3	27.8	27.5

References

- (1) Scottish House Condition Survey team. Scottish House Conditions Survey: Key findings 2010. <http://www.scotland.gov.uk/Resource/Doc/363471/0123368.pdf>, 2011.
- (2) Scottish Neighbourhood Statistics. Scottish Neighbourhood Statistics Standard Reporter. 2012; Available from: <http://www.sns.gov.uk/Reports/ReportHome.aspx> [Accessed May 4th 2012].
- (3) Scottish Household Survey. Local Authority Tables 2009/10. 2011; Available from: <http://scotland.gov.uk/Topics/Statistics/16002/LATables2009-2010> [Accessed December 9th 2011].
- (4) Scottish Consortium for Learning Disability. Statistics Release: Adults with learning disabilities. Scottish Consortium for Learning Disability, 2008. <http://www.sclcd.org.uk/sites/default/files/eSAY%20Statistics%20Release%202008%20100809MinSize.pdf>.
- (5) The Scottish Government. Registered Blind and Partially sighted - Statistical Release 2010 - Excel file. 2010; Available from: <http://www.scotland.gov.uk/Resource/Doc/328379/0106166.xls> [Accessed April 1st 2012].
- (6) The Scottish Government. Health and Social Care Data- Excel File. 2012; Available from: <http://www.scotland.gov.uk/Topics/Statistics/Browse/Health/Data/CareData> [Accessed March 26th 2012].
- (7) Home care statistical return - Excel Tables. Home Care Statistical Release 2011. 2011; Available from: <http://www.scotland.gov.uk/Resource/Doc/924/0123600.xls#AnnexTb6!A6> [Accessed June 7th 2012].
- (8) The Scottish Government. Housing Statistics for Scotland - Housing for older people and those with disabilities - Excel File. 2011; Available from: <http://www.scotland.gov.uk/Resource/Doc/1125/0120439.xls> [Accessed March 28th 2012].
- (9) The Scottish Government. Scottish Health Survey - Supplementary Web Tables 2010 - Excel Tables. 2011; Available from: <http://www.scotland.gov.uk/Topics/Statistics/Browse/Health/scottish-health-survey/web10excel> [Accessed February 1st 2012].
- (10) Information Services Division. Alcohol Statistics Scotland 2011 - Excel data tables. 2011; Available from:

http://www.alcoholinformation.isdscotland.org/alcohol_misuse/9729.html [Accessed March 26th 2012].

(11) Bromley C, Corbett J., J., Doig M. Scottish Health Survey 2010- Volume 1: Main report. 2011; Available from: <http://scotland.gov.uk/Publications/2011/09/27084018/0> [Accessed December 1st 2011].