

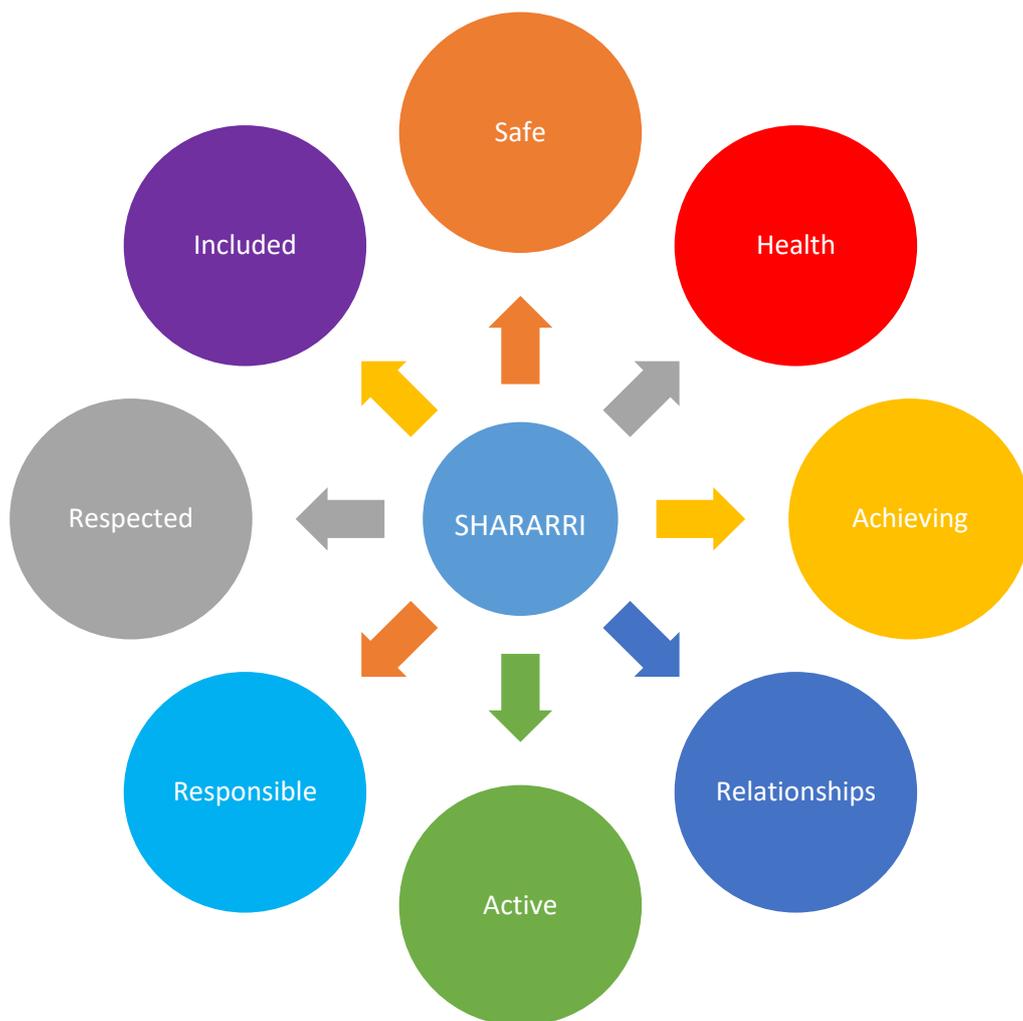
# Welcome to Deeside Services Scolty Centre Day Opportunities

Supporting adults with learning disabilities to achieve  
positive outcomes



*We offer a range of services, activities and projects to adults with learning Disabilities to meet individual outcomes.*

*The service is supported by a team of trained and experienced staff with a wide range of skills and knowledge.*



# Skills Development and Training opportunities

For people who are working toward greater independence

Achieving- respected- responsible



Scolty Centre is a Day Service which offers ASDAN accredited training courses. After success at Forest View in Stonehaven, eighteen ASDAN courses were introduced to Scolty Centre in March 2016. These include courses such as; Horticulture, Photography/Multimedia, ICT, Baking and many more. We include a variety of different courses each year to ensure each service user will get the best from their service.

## Promoting Independence

The range of ASDANs that we provide enables our service users to be as independent as possible. Our ASDANs support our service users to work towards improving literacy skills, making choices, being more confident and independent.



## ASDAN Accreditations

The Accreditation in ASDANs are a great outcome for each of our service users. They also enjoy a great celebration every year where they come together to congratulate themselves and others for their hard work over the year.



## Improving Confidence and Social skills

Through the ASDANs that we provide all our service users are encouraged to build new and improve on existing social relationships. The change of group each year helps to provide this. This continues to improve social skills and build on each service user's confidence.



## Business Enterprise

Business enterprise takes place at our unit in Aboyne. This is an ASDAN Certificate course which focuses on making lots of different products including soaps, candles, candle holders, celebration horseshoes and craft items from upcycled materials which are then put on sale in our Kraftwork shop. Service users are encouraged to express their creativity, building their confidence, motivation and team work skills.



Service users will take part in planning for the business. E.g. putting together stock sheets for the suppliers to the shop. Service users will gain retail experience, money handling, stock display etc.

There is a collaboration between local businesses who have been supplying fixtures and fittings for the shop.

Service users will be encouraged and supported to develop new products to be made and sold within the shop.



## Kraftwork Aboyne

The Kraftwork shop/studio is an outlet where items produced "in house" will be sold and as a venue for local crafters to sell their produce. Kraftwork provides day service opportunities for training in all aspects of retail. This helps the service users build confidence as they assist customers in the shop. Support is given to build on everyday living and social skills.

Asdan courses provide the framework for individuals to design and produce craft items encouraging creativity and self-expression. Items created include things like celebration horseshoes, candle holders, plant pots, pot stands, wooden decorative items, seasonal gifts, and other items which are made in the studio. Service users gain a sense of achievement seeing their designs and hard work being produced and sold in the shop.



## Practical Workshop

This Asdan looks at promoting health and safety in the workplace.

Working together as a team.

Designing and producing craft items which are then sold on through the Kraftwork shop.



Horseshoe made for a wedding gift



Handmade beeswax candles

## Practical Craft

The group is investigating the reuse of unwanted materials and looking at ways they can be turned into products for home use and or decoration purposes. Donated pallets can be reused as kindling and they are repurposed into art and craft products and sold in the Kraftwork shop.



We also supply a local coal merchant with kindling products.



## Retail Assistant

This Asdan concentrates on confidence building. The course is involved with the everyday running of the shop in Aboyne and service users gain confidence through the interaction of customers.

This group are involved with furniture upcycling, and stocking the craft shop. Local crafters submit items to be sold on in the shop. At present we have a variety of different stockists and provide a local stock of chalk paint.



## Craft Making

This Asdan focuses on designing, producing and selling individual crafted items.

This enables the service users to work with unfamiliar materials and challenges them individually to produce something of their choosing.

The service user is enabled to work in a safe and positive environment.

## Employability

We have two Employment Development Officers who work closely with Scolty. They provide a supported employment service for people with disabilities and health related problems.

Clients are supported with writing a CV, interview skills and with research into all types of employment. Clients are assisted with application forms when applying for jobs.

This support enables individuals to achieve their employment goals. Our Employment Development Officers can also help with travel training to support individuals with the use of public transport to access employment or training.

Please feel free to get in touch if there is something you feel we can help with.

01467 539053

## Community Links

At Scolty Centre, creating community links is very important. With a combination of ASDAN courses and visiting local areas our service users are given a variety of opportunities to embrace and learn about their surroundings.

Some of the courses we use to link to the community are; Horticulture, Introduction to Baking, Current Affairs, Sport and Leisure and Photography. Our Sport and Leisure group take part in horse riding, carriage driving and go out 10 pin bowling. Our bakers use local facilities to practise their skills in the kitchen, and use local outlets to sell on their homemade jams and marmalade.



## Community and Group Opportunities

- for people building on personal learning and development
- for people who require support to participate in community activities

### Active-Involved-Relationships

#### Community Projects

We work with community groups on different projects. For example, recently we had a group of Banchory Academy pupils involved in the 'Youth & Philanthropy Initiative' raising money for us. This project benefits us as well as the school pupils. It gives the pupils an opportunity to learn and research the centre to get to know how the centre benefits our service users.

We are currently working with the Rotary club in Banchory who are helping us to create a sensory garden in the grounds of Scolty.

#### Accessing the community within ASDAN

ASDANs give the members more opportunities for exploring their local community and the wider area. This varies from visiting museums, accessing leisure facilities and café/restaurants. Many of our groups currently access or are working towards accessing community buildings.

#### Community Buildings that we Access

##### Forest View Day Centre

Our service users sometimes take day trips to Forest View in Stonehaven to make use of their facilities.

Our service users have enjoyed using the virtual reality technology at Forestview.



## SPORT AND LEISURE

Our service users regularly use the swimming facilities at Banchory Academy as part of their Sports and Leisure ASDAN. The service users always enjoy this activity.



Service users also visit RDA at Belwade farm in Aboyne where they go horse riding.



## BAKING

Our baking group uses the facilities here at Scolty and also uses kitchen facilities at nearby Highfield. They source and purchase if necessary the ingredients they will use for their recipe.



They produce a range of home baked items, simple home cooked meals and have also produced hand-made jams and marmalade which they have sold through local outlets.



## **A building based service**

for people with high level support needs

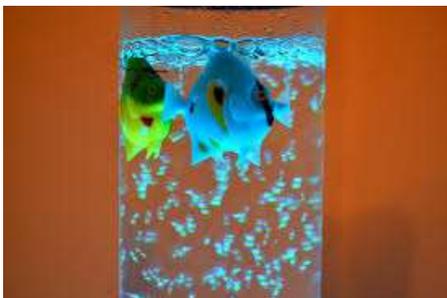
This service is suitable for adults with profound and multiple disabilities as well as those with complex social needs.

**safe – healthy – respected**

### **Improving Mobility and Sensory Experiences**



We work closely with Health professionals to ensure we are meeting the needs of all our service users. We provide a range of different activities based on ASDAN criteria that provide sensory experiences and work towards improving mobility and independence.



### **Promoting Advocacy Services**

Working within our ASDAN in Self Advocacy we are working with Advocates within the north east who are helping to provide our service users and staff with a better knowledge and understanding of what Advocacy is and what opportunities are available in our local area.

All service users are welcome to access the group and service users are supported to access external advocacy meetings once a month.

### **Riding For the Disabled**



We access local facilities and our Sport and Leisure group can take part in weekly horse riding sessions and weekly carriage driving sessions

## Outreach

For people whose level of need is complex and exceeds what can be provided within buildings offering day opportunities

healthy – respected - involved

### External Providers

Within the centre we access opportunities for people out with our own service to come and share their skills with us. This helps our service users achieve to the best of their abilities. We access activities such as musicians, sport professionals and artists.



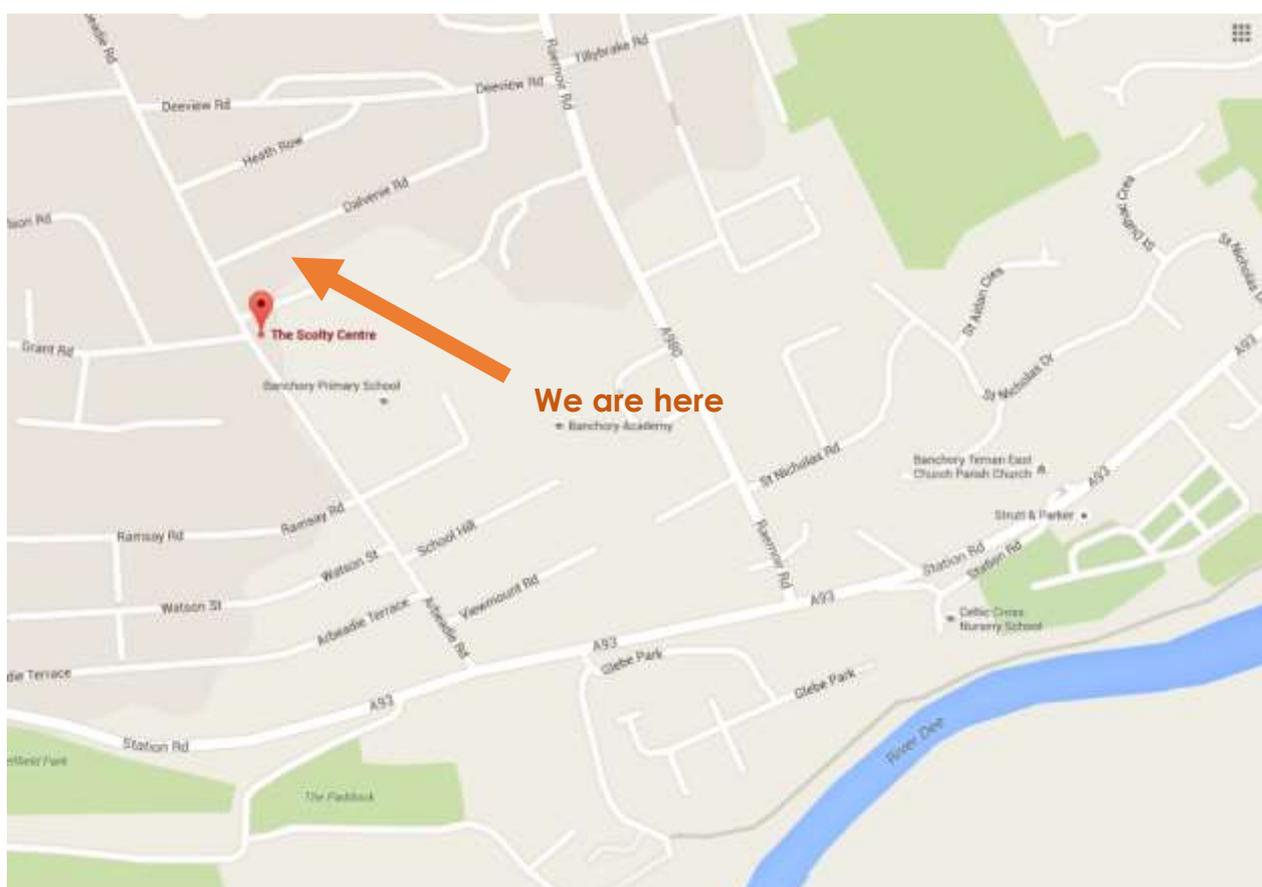
We have a range of volunteers who have an array of individual skills they share with our service users.

### Therapet



Our Therapet comes to visit us every Tuesday. The service users each get a chance to interact with the dog who comes in. This is a firm favourite in the centre.

**For more information contact:** Nick Jamison,  
**Address:** Scolty Centre, Arbeadie Road, Banchory, AB31 4FH  
**Email:** [Nick.Jamison@aberdeenshire.gov.uk](mailto:Nick.Jamison@aberdeenshire.gov.uk)  
**Telephone:** (01467) 532598 or (01330) 700361



Our centre can also be used by community groups, out with day service hours. (I.e. evenings and weekends.)