

# STOP & THINK!

## REFUSE TO BE THE VICTIM OF A SCAM

### MY SCAMS CHECKLIST



Ask yourself the following questions if you think it may be scam;

- Am I being contacted by a stranger or cold caller?
- Am I being asked to spend money in advance?
- Am I being rushed to make a decision?
- Is it about a genuine lottery or prize draw I've heard of or entered?
- Are they telling me to keep this a secret and not talk to my family & friends?
- Does this sound too good to be true – if so it probably is.

### REMEMBER....

- **NEVER** give out personal details like name, phone number or address to cold callers or anyone you don't trust
- **NEVER** give financial or credit card details to cold callers
- **Delete** and **block** scam emails
- **Ignore, destroy & throw away** scam letters
- **Shred** anything with personal details on it
- Consider **blocking** unknown or international telephone numbers
- **Don't** have conversations with cold callers – say “no thank you” and hang up or close your door.
- Registering for free with the Telephone Preference Service (TPS) and Mailing Preference Service (MPS) may cut down on unsolicited calls and mail

If you think you may have been the victim of a scam then report it to Aberdeenshire Council **Trading Standards** via the Citizens Advice Consumer Helpline on **03454 04 05 06**