

beside the Gateway Sculpture. guided through Arnhall Business Park to the "finish" Road to rejoin the signed Trail. And from there you are north-east of the woods to find an exit onto Peregrine the occasional sighting of red squirrels. Keep to the explore and enjoy, often to a background of birdsong and entrance of Carnie Woods where there are lots of paths to the Trail meanders in a southerly direction to the western of further refreshment at Green Pastures Café. From here dropping downhill to the Old Skene Road and the prospect heads west along the northern edge of town before where it's possible to stop for refreshment. From there, it before crossing Westhill Drive to reach the Golf Club The Trail then skirts the northern edge of Meadowlands

Hill o' Fare, Bennachie and Brimmond. town to the surrounding hills; amongst them Clachnaben, rewarded with magnificent sweeping 360 views over the to the top of Mains of Kinmundy Hill where you will be [anti-clockwise]. From the woods the Trail will take you up the Gateway Sculpture to pick up the signs heading east Park to the western entrance of Lawsondale Woods beside many other access points, head south across Denman Assuming a start from the town centre, although there are

roads so please observe the Scottish Outdoor Access Code. Note too that some sections are on private tracks and rougher terrain, so please select appropriate footwear. route is on tarred surfaces, there are four sections on ing options to explore further. Although much of the the surrounding countryside and additional signs suggestand Lawsondale Woods. The route offers great views of town with two newly created links at Westhill Golf Club existing roads, paths and tracks on the edge of

ing circuit of Westhill that connects a series of 'The Westhill Orbital Trail is a 12km/7.5m undulat-



Walk 4 - Green Route - Westhill Orbital Trail

Leisure Centre. perimeter of the playing fields at the Westhill Sports and and Arnhall Moss or add a circular walk around the For a longer walk, explore the paths around Denman Park

mammals such as pipistrelle bats, roe deer, foxes and blue tit, coal tit, redpoll, mallard and moorhen; and for a range of insects and birds such as wren, great tit, Brimmond Drive twice, and enter Arnhall Moss. Watch out past some of the residential estates, crossing over estates in Westhill. Follow the path as it makes its way traffic free paths network serving the many residential towards Wellgrove Road which will bring you onto the Start at the Westhill Sports and Leisure Centre, heading

Walk 3 - Orange Route

Westhill Drive and Hillside Road. follow your route back walking down Westhill Heights, surrounding landscape. Making your way down the steps, View. Enjoy the stunning views of the Loch of Skene and right onto Loch View and walk up the hill towards Cairnie cross over, take a left onto Westhill Heights and take a Aberdeenshire landscape. Take a right up Westhill Drive, hill. Enjoy fantastic views of the surrounding Start at Hillside Road and follow this as it curves up the

Walk 2 - Blue Route

tennis match.

on the courts and either watch a game of bowls or a an outdoor lawn bowling green. Look out for any activity Denman Park. The Park has two outdoor tennis courts and Hall. Take a right at the roundabout and return to Hay's Way, take a right onto Westhill Drive past Ashdale Park. Follow Old Skene Road, until you take a right up Road, looking out for the Westhill Compass in Denman Start at Denman Park and head out along Old Skene

Walk 1 – Purple Route

Just for fun! It's easy to get around by foot or on your bike – for a purpose or Aberdeenshire walking and cycling maps are freely available for

For more information, please visit www.nhs.uk/Change4Life which is of a good, consistent hard surface like a pavement. Numbers are The numbers show the calories burnt when walking, based on flat terrain when walking, based on flat terrain the calories band surface like a pavement. Mumbers are sql0 Is L L SQIZL 7ST Work out your calorie count when walking

And above all, it's fun! It's cheap and reliable plus you feel better by being a little active. wrong. A bike can nearly always be parked outside your destination. maintained bike is ready when you are, with very little that can go The quickest way to travel short distances in towns is by bike. A

Queling

avoids all the frustration and delay of taking the car. efficient way of getting around town for those living locally and or to meet up with friends. Walking is usually the fastest and most activity, allowing plenty of opportunities to bump into neighbours get around over short distances. It is pollution free and a sociable Walking offers most of us the chance to stay fit and healthy and Walking

Cycling! Our town has excellent links for walking and

least impact on our environment.

Westhill

Aberdeenshire

Walking & Cycling

move around Westhill easily, cheaply and with the We are committed to helping residents and visitors

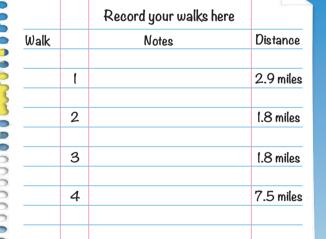
Westhill, whether by cycle or walking. This map aims to simplify your journey around

From mountain to sea

- Westhill -

The creation of Westhill just outside Aberdeen was the idea of local solicitor Ronald Fraser Dean in 1963. The new settlement of Westhill was created upon the old farming land. Since construction of the first houses in 1968, Westhill has undergone a gradual expansion, much of which is tied to the North East of Scotland's oil and gas economy. From 2007 to 2008, a major workers to the area. Most of these were in specialist sub-sea engineering oil service companies, making Westhill a world

Find a better way to get about....



The Getabout partnership cons Aberdeenshire and Aberdeen City Councils and Nestrans, supported in their work by NHS Grampian. Getabout is the partnership's campaign to

help people in the North East to make sustainable transport choices. For more information visit

www.getabout.org.uk.

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NHS



Walk it... Bike it... Try it!







